



PSY 100 - Introduction to Psychology

Columbus State Community College

Winter Quarter 2011

Monday and Wednesday 9:30 a.m. – 11:50 a.m.

Professor: Heather Johnston, Ph.D.

Office : TL 313

Phone: (614) 287-2679

e-mail: hjohnst1@csc.edu

Office Hours: I am usually in my office from 9-4 Monday – Friday. Please make an appointment or stop by.

Course Overview and Materials

Course Description: *What this course is about*

This introductory course provides an overview of the origins, growth, content and applications of psychology, including the application of the scientific method to the following topics: research methodology; beginning statistics; theories of physical, cognitive, moral and emotional development; sensation; perception; learning; motivation; intelligence; memory; personality; coping processes; abnormality; adjustment; and the individual in small groups and a pluralistic society. *Prerequisite: Placement into ENGL 101*

Course Objectives: *What you will be able to do by the end of the course*

1. Identify the vocabulary and major constructs of psychology as determined by the topics in the course description.
2. Describe psychological theories, principles and concepts relevant to the following topics: history and methods, physiology (biology of behavior, consciousness), perception, cognition (learning, thought, language), social organizational, developmental, personality and psychopathology and its treatment.
3. Articulate knowledge of professional study and applications of psychology established by classic and contemporary research that constitute our best understanding of human behavior for each of the subfields of psychology.
4. Demonstrate how the basic principles of psychology can be applied to human history, current events, and daily human life.
5. Recognize social and cultural diversity, individual differences and similarities in a variety of contexts.

6. Demonstrate the application of specific psychological information for course topics giving examples that apply to students' technology or career choice.
7. Assess and critically analyze theories, research methods and findings (outcomes), and applications developed by psychologists and made available through textbooks, newspaper, professional and lay periodicals, and the internet.

Sound like fun?

Required text: *Yes, you need the book!*

Huffman, K. (2009). Psychology in Action. Wiley; and the Chapter 17 and 18 Supplement

Internet/Electronic materials: *You will need regular access to a computer with internet and these sites/programs*

1. Email: <https://mail.csc.ccc.edu/student/index.html>. Check your CSCC email regularly. I may send course information, give updates, or answer questions through email. You can expect me to answer your emails within 24-48 hours.
2. Course Blackboard Website: <http://globalcourses.csc.ccc.edu>. Log in with your CSCC username and password. Click on PSY100/this section number. Here you will find my contact information, your grades, the syllabus, and course materials and projects.
3. You will turn in Projects 1 and 3 using www.turnitin.com. This website is designed to detect plagiarism. More details are provided in Blackboard.
4. Visit the Textbook website: <http://wiley.com/college/huffman>. Click on the link "Student Companion Site" to the right of the Psychology in Action book. This website includes excellent supplementary course material, including practice tests, flashcards, and scholarly web links for each chapter in the textbook. This is a great tool for studying.

Instructional methods: *What happens during class meetings*

During our scheduled class meetings you can expect to listen to lectures, work in small-groups, engage in class discussions, and view relevant online and audio-visual materials. You will also be expected to think, read, and write about psychology and how it applies to life! I know that some of you are coming from High School. Let me remind you that college courses are different from secondary education courses in that they require more independent student learning. Class lectures and activities highlight, supplement, reinforce and clarify knowledge you have acquired from a thorough and careful reading of the textbook. Lectures are not a substitute for reading and studying the course material on your own.

Course Policies and Procedures

Student behavior: *Lets all behave now!*

Let's start with the "bad" behavior...

Your behavior must be respectful of others and allow for an atmosphere conducive to learning. Disrespectful or disruptive behavior or engaging in non-course related activities during class will not be tolerated. This includes cheating on written assignments (plagiarism)

or during exams. Using cell phones, lap tops, or electronic messaging devices is not allowed in class. Please talk to me if you have some extenuating circumstances that require you to have access to your phone. Here is what CSCC has to say about cheating and plagiarism:

Academic Dishonesty: As an enrolled student at CSCC, you have agreed to abide by the Student Code of Conduct as outlined in the Student Handbook. You should familiarize yourself with the student code. The faculty at CSCC expect you to exhibit high standards of academic integrity. Any confirmed incidence of Academic Misconduct, including plagiarism and other forms of cheating will be treated seriously and in accordance with College Policy and Procedure.

Plagiarism: Plagiarism is the act of representing directly or indirectly another person's work as your own. It can involve presenting someone's speech, wholly or partially, as yours, quoting without acknowledging the true source of the quoted material, copying and handing in another person's work with your name on it, and similar infractions. Even indirect quotations, paraphrasing, etc., can be considered plagiarism unless sources are properly cited. Plagiarism will not be tolerated.

How about "good" behavior?

There are many things you can do that will help you to succeed in this class. Here are my top recommendations. Always come to class. Always come to class prepared by reading the assigned material. Write down all the course due dates in your calendar and check it frequently. Set up a schedule for yourself where you will regularly devote at least 4 hours a week to working on class assignments and studying (understand that some weeks will require more than 4 hours). Email me when you have problems or questions about the class. Find a classmate who you can contact for help if you need to miss a class and who you can study with before exams. Get all assignments done and done well before the due date.

Attendance: *I'm here, shouldn't you be?*

I take attendance at every class meeting. Whether you are in class or not, you are responsible for all announcements made in class and all material discussed. If you are going to miss a class you should arrange to have one of your classmates share with you what you missed. If you are receiving *Financial Aid* please note that during the quarter I am required to report whether you have been attending class or not. If you have not been to class in over 2 weeks I will report you as not attending and you will be withdrawn from the class.

ADA statement: *Registered with Disability Services?*

It is Columbus State policy to provide reasonable accommodations to students with documented disabilities. If you would like to request such accommodations because of a physical, mental, or learning disability, please contact the Department of Disability Services, 101 Eibling Hall, 287-2570 (V/TTY). Please give me your accommodations letter from Disability Services within the first two weeks of class.

Can't get enough of course policies? Check out the list of additional College and Psychology Department policies, listed in your course on Blackboard. You are expected to know about them all.

Course Assignments and Grading

What you really want to know...

Course Work:

10 Homeworks = 15% (15 points each)
 3 Projects = 30% (100 points each)
 3 Exams = 45% (150 points each)
 1 Final Exam = 10% (100 points)
 Total = 1,000 points

Grading Scale:

A = 90% (900 – 1,000 points)
 B = 80% (800 - 899 points)
 C = 70% (700 - 799 points)
 D = 60% (600 - 699 points)
 E = < 60% (599 points and below)

Assignments: *Plan ahead and get it done!*

1. **Readings:** You are responsible for knowing and understanding all assigned readings. You should plan to spend 1-2 hours reading and studying the assigned chapter(s) **before** coming to class. I will spend class time highlighting the more difficult concepts from the chapter, conducting relevant activities, and answering your questions. Please be prepared to make the most of that time.
2. **Homework:** 15 points x 10 homeworks = 150 points
 There is a short writing assignment associated with each topic in the course. These are designed to familiarize you with the topic we will be discussing in class that day and to give you a chance to see how psychology is a part of your everyday life. The details for these homeworks are in Blackboard. Your answers must be typed, double-spaced, and turned in through Blackboard. There are 14 topics in this class, but you are only required to turn in homework for 10. Therefore, you can choose to skip 4 homeworks without being penalized. If you decide to complete more than 10 homeworks, only your best 10 homework grades will be counted. All homework must be turned in by the beginning of class on the due date listed in the course schedule. **No late homework is accepted.**
3. **Projects:** 100 points x 3 projects = 300 points
 You are required to complete three projects. These projects all require you to take some specific action in your life and then reflect on how this relates to the psychological principles we have been learning about. For Project 1 you will come up with your own unique research question that relates to the course and your life and show how it can be answered using the scientific method and an experimental design. For Project 2 you will keep a dream journal for two weeks and analyze the content of your dreams along with how your daily habits and activities affect your sleep. For Project 3 you will spend one whole day being extraordinarily kind to everyone you encounter and relate that experience to the concepts we are learning in class. The details for these projects are in Blackboard, including a breakdown of exactly how you will earn points for these assignments. Your answers must be typed and double-spaced. Projects 1 and 3 must be turned in through the website turnitin.com and Project 2 must be turned in to me during class. All Projects are due by the beginning of class on the due date listed in the course schedule. **Late projects must be submitted within one week of the due date and will receive an automatic deduction of 20 points.**

4. Exams: 150 points x 3 exams = 450 points total

You have three non-comprehensive exams in this course. This allows me to assess your knowledge on 4-5 topics at a time. The exams are designed to survey your understanding of the assigned course material. You will need to both understand the concepts in the course and be able to apply them to real world examples. Exams consist of 75 multiple-choice questions and you will record your answers on a scantron form (bring a number 2 pencil to class). Exams will be held from 9:30 - 10:30 a.m. Class will resume at 10:45 a.m. To prepare for each exam, study every page of the assigned readings, review pertinent class notes, and imagine the many ways that I could assess your knowledge of the course concepts. Exams will be completed at the scheduled dates and times. **Any student missing an exam, for any reason, must take a make-up exam within one week or receive a zero.**

5. Cumulative Final Exam: 100 points

The Final Exam consists of 100 multiple-choice questions and you will record your answers on a scantron form (bring a number 2 pencil to class). The exam is cumulative, with questions over material from any of the assigned readings or class notes. This exam is a standardized exam that is given to all PSY 100 students at CSCC. It is designed to assess your broad understanding of the concepts students should learn in Introduction to Psychology. The study guide for this exam is posted in Blackboard. Please make use of this! Students who have a conflict with the exam time need to see me at least two weeks prior to the final exam date to make alternative plans. If you miss the final exam due to some unavoidable, unforeseen circumstance, contact me as soon as possible. The exam must be made up within 24 hours, or you will receive a zero. In general, students may not receive an incomplete for this course.

6. Extra Credit: 0 points

Sorry 😊 I know many of you seem to want it and feel you need it, but there are no extra credit assignments in this course. The points are what they are. Do the work, do it on time, and you should be fine.

Course Schedule: *This is the plan, but I may have to make changes during the quarter*

Date	Assignment due dates	Assigned readings to be discussed
Week 1: M 1/3		Ch.1 Introduction
W 1/5	Hwk 1	
Week 2: M 1/10	Hwk 2	Ch. 7 Memory
W 1/12	Hwk 3	Ch. 6 Learning
Week 3: M 1/17	<i>Holiday</i>	<i>Holiday</i>
W 1/19	Hwk 4	Ch. 8 Thought and Intelligence
Week 4: M 1/24	Hwk 5	Ch. 12 Motivation and Emotion
W 1/26	Project 1, Exam 1	
Week 5: M 1/31	Hwk 6	Ch. 2 Biopsychology
W 2/2		
Week 6: M 2/7	Hwk 7	Ch. 3 Stress
W 2/9	Hwk 8	Ch. 4 Sensation and Perception
Week 7: M 2/14	Hwk 9	Ch. 5 Consciousness
W 2/16	Project 2, Exam 2	
Week 8: M 2/21	Hwk 10	Ch. 9-11 Human Development
W 2/23	Hwk 11	Ch. 13 Personality
Week 9: M 2/28	Hwk 12	Ch. 16 & 18 Social Psychology
W 3/2	Hwk 13	Ch. 14 Psychological Disorders
Week 10: M 3/7	Hwk 14	Ch. 15 Therapy
W 3/9	Project 3, Exam 3	
W 3/16, 8-9:50 am	Final Exam	(Ch. 1-16, 18)