



University of Colorado Denver
Psychology 3262: Health Psychology
Spring 2017

*It is far more important to know what person the disease has
than what disease the person has ~ Hippocrates*

Monday and Wednesday 9:30 AM – 10:45 AM
January 17, 2017 – May 13, 2017
King Center 201

Instructor: Dr. Amy Wachholtz, NC 5010b
Email: amy.wachholtz@ucdenver.edu
Office Hours: Wed 11:00am-12:00pm or by appointment

Course Description: An overview of the scientific study of the attitudes, behaviors, and personality variables related to health and illness. Emphasis is on the interaction of biological, psychological, and social factors that cause illness and influence its treatment and prevention.

Prerequisites: PSY 1000 and PSY 2220.

Course Goals:

If you attend class regularly, take notes, complete reading/written assignments, participate in class exercises, and study, you will gain a broad understanding of health psychology including:

- Describing the history, growth, and current status of Health Psychology's inquiry into the complex interplay of mind, body and environment as evaluated on tests and health behavior paper
- Evaluating empirical research in health psychology and related fields by selecting high quality empirical research for the health behavior paper
- Understanding stress physiology, the stress/illness relationship, & interventions that can reduce stress and protect health as evaluated on tests and through clear descriptions in the public health brochure and health behavior paper
- Analyzing the role played by personality and social support in health/illness through in class assignments and on tests
- Determining the psychological impact of serious illness on patients and family members through in class assignments and on tests
- Identifying barriers to good Dr./patient communication & variables that influence patient adherence through in class assignments, on tests, and through the public health brochure project
- Explain the causes, treatments and psychosocial stresses of cardiovascular disease, cancer, and diabetes on tests, in class assignments, the health behavior paper, and possibly public health brochure
- Applying strategies for designing optimal health education programs to create an informative public health brochure

Text: Straub, R.O. *Health Psychology: A Biopsychosocial Approach*. 5th ed. Worth, 2016.

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Canvas: Class announcements, some assignments, grades, a copy of the syllabus, and other resource material will be posted on Canvas. To login, go to <https://passport.ucdenver.edu/login.php>. Your username and password will be the same credentials you use to login to UCD Access. Once you login to Passport, choose CANVAS from the list. If you forget your password or need to reset it, head to <http://myaccount.ucdenver.edu> or call the OIT Help Desk at 303.315.4357.

Email Contact: You can contact me via email at amy.wachholtz@ucdenver.edu using your university-based email. Please note, I will do my best to respond in a timely manner by the next business day.

Lecture Handouts: This is primarily a lecture-based course. Lectures on each topic will be guided by Power Point presentations and will both complement and extend the material presented in the text. I do not give out Power Point lecture outlines due to educational psychology research that indicates that individuals are less likely to learn material acquired passively. While I will not give out the Power Point slides, I will be happy to go over any slides again during office hours if you have any questions or wish to take additional notes. This review cannot be used to “make up” an absence from a class. If you miss a class, you are responsible for taking the additional notes or getting missed notes from a classmate.

IN CASE OF CLASS CANCELLATION: If class is to be cancelled due to bad weather or instructor illness, a notice will be posted on Canvas (under Announcements) by 8:00 a.m. that day. If an exam was scheduled on a cancellation day, the exam will be given during the next scheduled class period.

Course Requirements:

1. Four In-Class Exams: 50 pts for Exams 1-3, 100 pts for Final exam (250 pts total) There will be three non-cumulative, in-class exams covering all lecture, handout, text, film and speaker material. Each consists of 50 objective items (multiple choice, T/F, matching).

Exam 1: Feb 13 Exam 2: March 29 Exam 3: May 1

Note: Please arrive on time for scheduled exams to reduce the disruption in the classroom for those taking the exam. All of the exams are in-class closed book exams - no notes, dictionaries, phones, or calculators allowed. Please bring a #2 pencil and go to restroom before coming to the classroom. Once you leave the room please do not return to the room during the exam. No phone use, texting, or headphones allowed during exams. Leave quietly at the end, again to reduce the disruption for your fellow classmates that are still taking the exam. Cheating will result in a grade of zero on the exam or an F in the course. The university may impose additional sanctions for cheating.

Second Chance Test: If you miss individual items on Exam 1, 2, and 3 you will have a “second chance” to make up 50% of the available points (e.g. 2 point answers will be worth 1 point when corrected) by explaining why the answer you chose was incorrect and providing a corrected answer with a written explanation of why that answer is correct *in your own words* including specifically where you found the answer in the textbook or lecture notes (e.g. no “googling” the answer). If you choose to correct the missed items, the corrections are due in the class following after receiving the corrected test. No late corrected tests will be accepted. See page 3 for missed exam policy.

Comprehensive Final Exam (100 pts). A 100 point cumulative final exam will be given on our regularly scheduled final exam day (which will be on Mon May 8 or Wed May 10 - date to be announced as soon as the campus releases the final exam schedule).

2. Exercises, Assignments, Self-Tests, etc: 5-10 points each (50 points total) A series of in-class group exercises and take-home assignments will be given during the semester. Points will be given for participation

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in the exercise, providing accurate information within the exercise, and engaging with the material. In the case of self-tests, points will be given for correct answers + self-evaluation related to the incorrect answers with the provision of the corrected answers in the same format as the “second chance test.”

3. Health Behavior Paper (100 pts total) Due Wednesday March 15

The purpose of this project is to allow you to apply the knowledge and principles learned in the first half of the course to your personal life. Your completed (approximately) 5 page project will include a description of a health behavior change you wish to make for yourself or you wish to see in someone close to you (with their permission). You will address the biological, psychological, and social aspects that need to be considered, including: current lifestyle and health risks, a profile and assessment of your health-relevant personality traits, health beliefs, social support, and a review of the empirical research literature to identify an appropriate self-directed intervention plan (including ongoing monitoring to identify how you would know if you are successfully achieving that health behavior change goal). All papers will be subjected to *Turn It In* rubrics on Canvas and will be given a 0 if there is evidence of plagiarized or mis-referenced material and further disciplinary action may be taken (see section on Cheating below). APA style is required for this paper. The grading rubric for the paper is posted in Canvas. All papers need to be submitted on Canvas by 9:30am on Wednesday, March 15th.

4. Health Behavior Brochure (100 pts total) Due Monday May 1.

Details of this assignment will be given during February classes. This will be your opportunity to make a long-standing difference in the world of community health psychology. You will have the opportunity to create a patient-friendly tri-fold brochure based on a health behavior or health information you have learned in class. You and your group will pick a public health topic that you feel is important. Using the information in the CDC’s *Simply Put* readings (on Canvas) you will design the visual layout and the text. You can do this project in a group up to 3 (everyone in the group will receive the same grade). You will be graded on the use of appropriate visual images, factual information, and text presentation. The specific grading rubric for this assignment is posted in Canvas. Exceptional brochures will be distributed to clinics and health care facilities in the Denver Metro area.

Final Grades: Final grades will be based on the number of points earned out of 500. Points for each assignment will be posted within 48 business hours in Canvas. You can monitor your progress, upcoming due dates, your current grade and your progress toward your final grade in Canvas.

Letter grades are assigned on the following basis:

Grade	%	Pts	Grade	%	Pts	Grade	%	Pts
A	92-100	460-500	A-	90-91.99	450-459	B+	88-89.99	440-449
B	82-87.99	410-439	B-	80-81.99	400-409	C+	78-79.99	390-399
C	72-77.99	360-389	C-	70-71.99	350-359	D+	68-69.99	340-349
D	62-67.99	310-339	D-	60-61.99	300-309	F	<60	<299

Note: In order to be fair to all of the students, student will not be moved up a grade no matter how close they are to the next grade. Please, if you don’t do well on Exam 1 or 2, come see me right away and well before the end of the semester to discuss strategies for improvement. Once the semester is over there are no opportunities to retroactively to improve your grade.

Drops & Incompletes: CLAS students may drop the course for any reason on or before 5 pm on April 17. After that date you will need to petition the dean for approval with a compelling and well-documented reason. Incompletes can only be given for well-documented health or life emergencies and only if more than 75% of the coursework is completed with a grade of C or better. Incompletes require a signed incomplete contract drawn up by the instructor.

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Policy on Students with Documented Disabilities: Students with disabilities who want academic accommodations must register with Disability Resources and Services (DRS) on the 2nd floor of the North Classroom Bldg. I will be happy to provide approved accommodations once I receive a copy of the letter from DRS.

Students in the Military: If you think you might be called to military service/training during the semester, please let me know and you should contact your school/college Associate Dean or Advising Office immediately.

Religious Holiday Accommodations: If you anticipate missing class due to a religious holiday, please let me know as soon as possible with at least two week's notice so we can work out an accommodation for missed work.

Class Policies:

Class Compartment: Please show respect for your fellow classmates. Talking, whispering, coming late, leaving early, wandering in and out, cell phone rings, rattling food packages, packing up books prior to class dismissal interrupt everyone's train of thought and disrupt the classroom learning environment. Engaging in non-course related activities (reading, surfing the net, texting) are also distracting to others. Those who "disturb the peace" or are disrespectful of their classmates will be given one warning; after that asked to leave the class.

Attendance: Attendance in this class is expected. It will be very difficult to do well on exams and interactive learning activities without regular class attendance. While this course is primarily presented in lecture format, there will be: class discussions, group exercises, and interactive learning activities to enhance your learning experience. Lecture material will explore and expand on the assigned readings, and may include information and discuss perspectives not addressed in the text. Please note that some of the material in the syllabus may be not be discussed in class, but may appear on tests or will be expected to be applied to the projects, papers, and assignments in the class. Important information about syllabus changes, and assignments may be made in class. You are responsible for all announcements made in class, this includes homework assignments, scheduling changes, explanation of review topics, etc. There will be no extraneous notes, materials, reviews, or repetitions for students who miss class. Students who miss class will be expected to make their own arrangements to stay current. With this in mind, each student should get and keep the names and contact information of at least two classmates.

Name _____ Contact Info _____

Name _____ Contact Info _____

Missed Exams: Please take note of scheduled exam dates and mark them in your calendar. There will be no makeup exams, unless you have a documented medical excuse. To be fair to your fellow classmates, make up exams will not be the same exam, or may not be in the same format as the original exam (e.g. there may be short answer/essay questions rather than multiple choice). Make up exams are not subject to the "2nd chance" option.

Late or Missed Assignments or Group Exercises: To let us explore the material a bit further or debate various perspectives of the material, occasional in-class assignments or take home assignments will be given. A missed in-class group exercise receives a grade of zero. Please make sure to put your name on all in-class assignment sheets so that I can make sure you get the points. If your name is not on the sheet, you will not receive credit for the in-class work. Late take-home assignments will lose points and will not

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be accepted if more than one class period late (see Late Projects below). There will be one make-up assignment provided to those who miss an in-class exercise or take-home assignment. A make-up assignment must be requested at the next class. More than one missed assignment cannot be made up.

Late projects will lose 10% of points if turned in after class on the due date or lose 25% of points if turned in the day after the due date. Late projects won't be accepted if more than 48 hours past the due date. Assignments can be submitted on Canvas, via email, or to my mailbox in the Psychology main office on the 5th floor of the North Classroom building. Any assignments submitted by email will be subject to the date stamp of the completed email. You will be responsible for any technical errors, date stamp errors, misdirected emails, forgotten attachments to the email, etc if you chose to use this format.

Note: If you turn a hard copy of a late paper/assignment into my office/mailbox you **must** get the staff assistant or a psychology department faculty member to sign, date, and time your paper so I know when it was turned in.

Granting Exceptions to Rules in the Syllabus: You should view the syllabus as a contract designed to insure fair and equitable treatment for all concerned so that as students in the class, you know what is ahead of us for the semester so that you can plan accordingly. I have built in sufficient flexibility in the form of ample time to complete papers, short deadline extensions, a make-up assignment, and missed exam options to accommodate reasonable problems (illness, bereavement, personal or family problems, work needs, etc) that might arise during the semester. In some circumstances, you may also have the option of dropping the course or taking an incomplete. In order to be fair to all of the students in the class, please do not ask for exceptions to syllabus policy – I am unable to grant them (see Note).

NOTE: UCDHSC University Policy Memo to Faculty dated 1/19/2006: “The legal implications of providing a student “special consideration” without going through the appropriate procedures established by the University are profound. It is critical that we treat all students as equitably as possible. If you give special consideration to a student in a way that could ultimately affect their grade, you must follow established University policies. You cannot provide an accommodation outside of the DRS office that you are not able and/or willing to provide to every other student in the class.”

CHEATING, PLAGIARIZING, INTIMIDATING BEHAVIOR WILL NOT BE TOLERATED.

Academic dishonesty consists of plagiarism (including failure to cite sources), cheating, fabrication and falsification, multiple submission of the same work, misuse of academic materials, and complicity in academic dishonesty. You must read and follow ALL the of campus policies. Failure to adhere to them may result in an F on the exam or the course or dismissal from the University. **READ:**

<http://www.ucdenver.edu/academics/colleges/CLAS/faculty-staff/policies/Pages/DefinitionofAcademicDishonesty.aspx>.
Or <http://catalog.ucdenver.edu/content.php?catoid=7&navoid=812>

Student Responsibilities: I want students to succeed. To do that I strive to present the topics in a clear, relevant, and engaging manner. I will also provide study and learning strategy recommendations based on the Educational Psychology research to help you optimally learn from the course material. But I cannot learn the material for you. That is your job. As students, you are responsible for and must take an active role in your academic success by:

- reading the syllabus and abiding by the requirements & rules described therein
- spending 3-6 hours a week outside of class time reading your text, studying lecture notes, and doing assignments (the rule of thumb is 1-2 hours of outside studying for every hour spent in class) employing “deep processing” methods of study to enhance retention such as those below:
 - organize, summarize, and rewrite lecture notes in a way that makes sense and clarifies ideas
 - generally, students recall information better when they handwrite information compared to typing; therefore, it is recommended students handwrite their class notes

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- review lecture notes regularly and as you do apply the various concepts learned to situations/examples in your own life
- read assigned chapters, take notes, and “quiz” yourself over each section to make sure you can verbalize the main ideas in your own words
- form a study group in which you explain material to each other, “quiz” each other, and practice applying concepts
- ask questions about anything you don’t understand
- coming to class regularly and engaging with the materials and assignments- missed lectures and exercises will affect your course grade
- getting lecture notes, assignments, & film information from a classmate if you miss a class
- arriving on time. If you *must* enter/leave during class time please enter QUIETLY.
- turning off cell phones and social media during class
- refraining from talking during lectures, films, or while other students are asking/answering questions
- turning in a hard copy of your assignments/papers *during class* on the due date
- asking questions when in doubt about anything.
- **seeking help well before the end of the semester if you are having trouble with the material/exams. Remember once the semester is over there will be no opportunity to improve your grade.**

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*SCHEDULE OF TOPICS & READINGS

<u>Date</u>	<u>Topic</u>	<u>Readings</u>
Jan 18	Overview & History of Health Psychology	Ch 1
Jan 23	Research in Health Psychology	Ch 2
Jan 25	Biological Foundations of Health	Ch 3
Jan 30 & Feb 1	Stress/PNI	Ch 4
Feb 6	Stress & Coping	Ch 5
Feb 8	Cultural Aspects of Health / Spirituality & Health	Ch 5
MONDAY February 13		<u>EXAM 1</u>
Feb 15	Positive Psychology	Ch 6
Feb 20	Health Behavior & Education/Message Framing	Ch 6; “Simply Put”- Canvas
Feb 22	Health Psychology in the Healthcare Setting	Ch 13; Wahass article- Canvas
Feb 27 & Mar 1	Sleep	Ch 7
Mar 6 & 8	Nutrition, Obesity, and Eating Disorders	Ch 8; Ch 2-Digestive System
Mar 13 & 15	Substance Use, Abuse, Addiction	Ch 9
<u>Health Behavior Paper due March 15th</u>		
<u>Spring Break Mar 20-24- HAVE FUN!</u>		
March 27	Complementary and Alternative Medicine	Ch 15
WEDNESDAY March 29		<u>EXAM 2</u>
April 3 & 5	Cancer	Ch 11; Ch 2-Respiratory
April 10 & 12	Pain	Ch 14; Ch 2-Nervous System
April 17 & 19	HIV/AIDS	Ch 12; Ch 2-Immune& Reprod
April 24	CVD & Diabetes	Ch 10; Ch 2-Cardio&Endocn
April 26	No Class -Library Day to Work on Informational Brochure Project	
<u>Informational Brochure Project due May 1</u>		
MONDAY May 1		<u>EXAM 3</u>
May 3	Review/Clean up Day	Ch: Epilogue
May 8 or 10 (exact date depends on campus exam schedule)	<u>COMPREHENSIVE FINAL EXAM</u>	

*Topics, topic dates, and assigned readings are subject to change.

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Academic Policies

The following policies, procedures, and deadlines pertain to all students taking classes in the College of Liberal Arts and Sciences (CLAS). They are aligned with the Official University Academic Calendar found on the [Registrar's website](#).

Disability and Access

The University of Colorado Denver is committed to ensuring the full participation of all students in its programs, including students with disabilities. If you have a disability or think you have a disability and need accommodations to succeed in this course, I encourage you to contact Disability Resources and Services (DRS) and/or speak with me as soon as you can. (DRS is located in Academic Building 1, Suite 2116, and at disabilityresources@ucdenver.edu.) I am committed to providing equal access as required by federal law, and I am interested in developing strategies for your success in this course.

Schedule verification: It is each student's responsibility to verify that their official registration and schedule of classes is correct in their UCDAccess portal before classes begin and by the university census date. Failure to verify schedule accuracy is not sufficient reason to justify late adds or withdrawals. Access to a course through Canvas is not evidence of official enrollment.

E-mail: Students must activate and regularly check their official CU Denver e-mail account for university related messages. Note: Canvas is not the location to access your CU Denver email account. Log into <http://www.ucdenver.edu/email/Pages/login.aspx>.

Administrative drops: Students may be administratively dropped if they do not meet the pre- and/or co-requisites for the course as detailed in the course description. Students may also be administratively dropped from a class if the course syllabus articulates attendance expectations prior to census date class and they do not meet those attendance expectations. Please note: this policy does not apply to all classes and should not be relied upon; if the plan is to no longer complete the course, students should follow the appropriate drop/withdrawal process.

Late adds (after February 1, 2017) and late withdrawals (after April 17, 2017): require a written petition, verifiable documentation, and dean's approval. CLAS undergraduate students should visit the CLAS Advising Office (NC 1030 – 303-556-2555) and graduate students should visit the Graduate School (12th floor LSC) to learn more about the petition process. Late withdrawal petition deadline: May 5, 2017.

Co-requisites and withdrawals: Dropping/withdrawing from a co-requisite course might require dropping/withdrawing from the other course. Students should read the course notes in the UCDAccess registration system and their course syllabus to determine the impact of this decision.

Waitlists: The Office of the Registrar notifies students at their CU Denver e-mail account if they are added to a class from a waitlist. Students are not automatically dropped from a class if they never attended, stopped attending, or do not make tuition payments. Students will have access to Canvas when they are on a waitlist, but this does not mean that a student is enrolled or guaranteed a seat in the course. If a student is not enrolled in a course when the waitlists are purged on January 23, 2017, the student must complete an [Instructor Permission to Enroll Form](#) and bring it to the CLAS Advising Office (NC 1030) or have their instructor e-mail it to clasinstructorpermission@ucdenver.edu in order to enroll in the class.

Early Alert: In order to support student success in a proactive way throughout the semester, faculty have the option to submit "kudos" to encourage students as well as academic "flags" to notify students of performance concerns. Students may anticipate receiving communication during these specific times during the semester:

1st-2nd weeks, January 17-28—No-Show Alert to notify non-attending students.

5th-6th weeks, February 13-25—Early Alert to notify students of performance and/or attendance concerns.

9th-10th weeks, March 13-31—Post-Midterm Alert to encourage students who show signs of failing the course to choose to work harder or to withdraw before the deadline.

Applicable Forms

- [SCHEDULE ADJUSTMENT FORM](#) – Available on the Registrar's website. Submit to the Office of the Registrar (SCB 5005).
Used to change registration when doing so via UCDAccess is not an option. Instances include but are not limited to: withdrawing from one or more courses after census date but before the withdrawal deadline (between February 2nd and April 3rd; instructor signature required); withdrawing from one or more courses after the withdrawal deadline but before the CLAS extended withdrawal deadline (between April 4th and April 17th; instructor signature and CLAS Advising signature required).
- [INSTRUCTOR PERMISSION TO ENROLL FORM](#) – Available on CLAS Advising's website. Submit to CLAS Advising (NC 1030) either in person or have the instructor e-mail it to clasinstructorpermission@ucdenver.edu. *Used to add one or more courses after the add deadline but before census date (between January 24th and February 1st; instructor permission required).*
- **LATE ADD AND WITHDRAWAL PETITIONS** – Undergraduates visit CLAS Advising (NC 1030) and graduates visit the Graduate School (12th floor LSC) for more information. *Used to petition to add one or more full-term courses after census date (February 1st; verifiable documentation required), or to withdraw from one or more courses after the withdrawal deadlines but before finals week (between April 18th and May 5th; verifiable documentation required).*

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Spring 2017 CLAS Important Dates and Deadlines



College of Liberal Arts and Sciences
UNIVERSITY OF COLORADO DENVER

- January 17 **SPRING 2017 CLASSES BEGIN**
- January 22 **ADD DEADLINE (11:59 pm)**
Last day to add or waitlist a class using UCDAccess.
- January 23 **DROP DEADLINE (11:59 pm)**
Last day to drop a class without a \$100 drop fee, including section changes. Students wishing to drop classes can do so via UCDAccess.
NO ADDING OF CLASSES IS PERMITTED TODAY
WAITLISTS PURGED
All waitlists are eliminated. Students should check their schedule in UCDAccess to confirm in which classes they are officially enrolled. Canvas does not reflect official enrollment.
- January 24 – February 1 (5 pm) **ADD CLASSES WITH INSTRUCTOR PERMISSION**
Students must obtain instructor permission to add a course using the [Instructor Permission to Enroll Form](#) and bring it to the CLAS Advising Office (NC 1030) or have their instructor e-mail it to clasinstructorpermission@ucdenver.edu
- February 1 (5 pm) **CENSUS DATE**
ADD WITH INSTRUCTOR PERMISSION DEADLINE
To add a course January 24 – February 1, 2017, the instructor needs to sign an [Instructor Permission to Enroll Form](#) and the completed form should be brought to the CLAS Advising Office (NC 1030) or have the instructor e-mail it to clasinstructorpermission@ucdenver.edu. After today, a written petition, verifiable documentation, and dean's approval via CLAS Advising (NC 1030 – 303-556-2555) are required to add a class and students will be charged the full tuition amount. College Opportunity Fund (COF) will not apply and these credits will not be deducted from eligible students' lifetime hours after today.
LAST DAY TO DROP A CLASS OR WITHDRAW FROM TERM WITHOUT "W"
Last day to drop full-term classes with a financial adjustment. Students wishing to drop classes can do so via UCDAccess. After this date, withdrawal from classes requires instructor signature approval on the [Schedule Adjustment Form](#), course(s) will appear on transcripts with a grade of "W," and no tuition adjustment will be made. After this date, a complete withdrawal (dropping all classes) from the term will require the signature of the dean through the CLAS Advising office (NC 1030 – 303-566-2555).
GRADUATION APPLICATION DEADLINE
Last day to apply for Spring 2017 graduation. Undergraduates must make an appointment to see their academic advisors before this date to apply. Graduate students must complete the Intent to Graduate and Candidate for Degree forms.
PASS/FAIL, NO CREDIT DEADLINE
Last day to request No Credit or Pass/Fail grade for a class using a [Schedule Adjustment Form](#).
- March 20 – 26 **SPRING BREAK – No classes. Campus open.**
- April 3 (5 pm) **COURSE WITHDRAWAL DEADLINE WITH SCHEDULE ADJUSTMENT FORM**
After February 1, 2017, students must obtain instructor permission to withdraw from a course using the [Schedule Adjustment Form](#) and must bring the signed form to the Office of the Registrar (SCB 5005). Dean's approval via CLAS Advising (NC 1030 – 303-556-2555) is needed after today. If the course has a co-requisite, check the course notes in the UCDAccess registration system and the course syllabus to determine the impact of dropping/withdrawing from a co-requisite course.
- April 17 (5 pm) **CLAS EXTENDED COURSE WITHDRAWAL DEADLINE WITH SCHEDULE ADJUSTMENT FORM**
After April 3, to withdraw from a course, complete a [Schedule Adjustment Form](#), with instructor's and CLAS Advising representative's signatures, and submit it to the Office of the Registrar (SCB 5005). After today, a written petition, verifiable documentation, and dean's approval via CLAS Advising (NC 1030 – 303-556-2555) are required to withdraw from a class.
- May 5 **LATE WITHDRAWAL PETITION DEADLINE**
Deadline to petition to withdraw from Spring 2017 courses. Contact CLAS Advising (NC 1030 – 303-556-2555) for further information. After this date, only retroactive withdrawals are considered. Contact CLAS Advising (NC 1030 – 303-556-2555) for further information on retroactive withdrawals.
- May 8 – 13 **FINALS WEEK**
- May 13 **END OF SEMESTER**
- May 13 **SPRING COMMENCEMENT**
- May 18 **FINAL GRADES AVAILABLE**
Check for official grades in the UCDAccess portal and on transcripts (tentative). Canvas does not display final course grades.