

TOPNEWS-Online

*Newsletter of the Society for the Teaching of Psychology,
Division 2 of the American Psychological Association*
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Co-Editors: Stephanie Afful and Tom Pusateri

Send inquiries or news items for upcoming issues to stp@teachpsych.org

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STP EC Endorses Sandy Shullman for APA Presidency



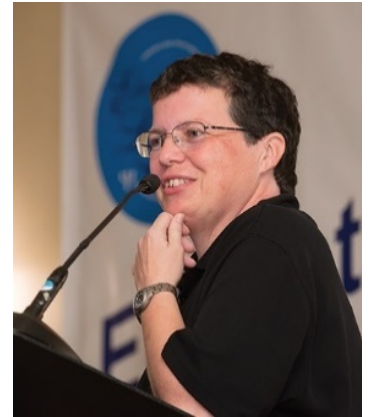
The STP Executive Committee has completed its review of the recommendation by the Past President and the Council Representatives and concurred with that recommendation by endorsing Sandy Shullman for APA President. It is the opinion of the Executive Committee that Dr. Shullman has a strong record related to the mission of STP. Here is a link to her campaign website: <https://www.sandyshullmanforapapresident.com>.

We encourage all STP members who are also members of APA to vote in the election. Visit <http://www.apa.org/about/governance/elections/index.aspx> to read candidate biographies and statements.

LETTER FROM PRESIDENT SUE FRANTZ

August 1, 2018

The APA convention is upon us. For those who will be in San Francisco, please join us for the STP social hour(s) from 2pm to 4pm on Thursday, August 9 at the Jamber Wine Pub at 838 Folsom Street, just a 5-minute walk from the convention center. If you haven't planned out your convention activities yet, please check out the [stellar program](#) Jamie McMinn (Westminster College) has once again put together for us.



Speaking of APA, your STP Executive Committee is happy to announce our endorsement of [Sandy Shullman for APA president](#).

And speaking of conferences, STP's Annual Conference on Teaching (ACT) is this October 19th and 20th in Phoenix. Shout out to Jordan Troisi for his excellent work on getting his ACT together. (Sorry.) Download the [tentative schedule](#). Please be there by Friday at 8:30 am to hear the indomitable David Myers talk (*Teaching Psychological Science in a Post-Truth Age*), applaud this year's teaching award recipients, and then attend the relatively brief STP Business Meeting to hear what your STP Executive Committee and the incredible volunteers that make up STP's committees, task forces, directors, and editors have been working on since last year's ACT.

And speaking of those committees, task forces, directors, and editors...

You make it all happen!

If you're a member of the Society for the Teaching of Psychology, we are very happy to have you as part of our family! When you're ready to get more involved, please check out the [Get Involved](#) page for new opportunities.

If you like what the Society for the Teaching of Psychology does, but are not yet a member, [please join us](#). Only \$25/year supports everything that STP does for the teaching of psychology and, for you, it opens up professional development, professional service, and funding opportunities.

Sue Frantz

President, Society for the Teaching of Psychology

FEATURED ITEMS: STP@APA AND ACT

APA-STP Programs in San Francisco and Chicago

By Jamie G. McMinn, Director of STP Programming at APA (August 7, 2018)

All the details are set and we are ready to welcome STP members and friends to San Francisco for the APA Convention and STP's (APA Division 2's) programming. The STP program grid (<https://teachpsych.org/conferences/apa/index.php>) has the updated schedule-at-a-glance for all your scholarship of teaching and learning needs. (The convention will be held across three buildings, and the program grid will help you identify the correct one for each session.)



Not to be missed STP opportunities

- Sue Frantz, Ken Keith, and Rick Miller discuss lessons learned from 117 years of teaching on Thursday at 1:00;
- The STP social hour at Jamber Wine Pub on Thursday at 2:00 (good food, local wines/beers, and plenty of networking);
- Across STP, TOPSS, GSTA, and CABA, there are six invited addresses; the G. Stanley Hall Lectures; the Harry Kirk Wolfe Lecture; the Diane Halpern Lecture; the Ruth H. Cousins Distinguished Lecture; the Lee Gurel Lecture; and the Randal M. Ernst Lecture;
- Over 25 STP symposia and 2 STP poster sessions;
- The APF Charles L. Brewer Distinguished Teaching of Psychology Award in recognition of Dr. Stephen Chew; and
- The Science at Sunset Competition on Saturday at 4:00pm (come support and vote for our two STP-nominated poster authors: Rebekah Newman and Jerry Chih-Yuan Sun).

There is still time to register for the convention (www.apa.org/convention), and don't forget to stop by the member registration booth for your STP badge ribbon. See you soon, and safe travels!

Planning for the Chicago convention (August 8-11, 2019) is already underway. The APA Convention Office will email the Call for Proposals, and it will be posted on the convention website (www.apa.org/convention) in early September. To help you plan for Division 2's program, President-elect Rick Miller has set the following initiatives: (1) strengthening the undergraduate research experience, and (2) enhancing the study of psychology in high schools. If you are conducting research in these areas, we would love to receive a proposal from you. If your current research on teaching is outside these areas, we would love to see your proposal. The deadline for submitting collaborative proposals is **October 12** (5:00pm EST), and the deadline for submitting divisional proposals is **December 3** (5:00pm EST). Watch for more details from the Convention Office in coming weeks, and please feel free to email me if you have an interesting proposal idea that you would like to discuss.

2018 Annual Conference on Teaching

By Jordan D. Troisi, Director, STP's Annual Conference on Teaching

We're closing in on STP's 17th Annual Conference on Teaching (ACT), and the details of the conference are coming together! We've arranged for extra space at ACT this year to host most conference symposia than ever before.

This year the conference will be held October 19-20 in Phoenix, Arizona. [Make sure to register for the conference soon to get early bird rates](#) (before September 3). Also make sure to [book your travel](#), and reserve a hotel room in our [discounted room block](#). The block fills up fast, and we have rooms starting at \$118 per night for students and \$142 per night for others. You can also make reservations over the phone at the Sheraton Crescent (602-943-8200) and students should make sure to let the hotel staff know your status for best discount.



David Ho/Flickr Creative Commons

Please have a look at the [draft schedule available on our website](#), especially if you are a symposium presenter. A final version of the schedule will be available in September. (Note: we are aware that blind review led some authors to be on more than one symposium at once.)

If you know of any publishers or any other organizations that may be interested in co-sponsoring ACT--local to Phoenix, or otherwise--please send us a note at annual-conference@teachpsych.org. We're always looking for more support to make ACT a terrific experience! And for any other information you need about the conference, please check out the [ACT website](#). I'm looking forward to seeing you all in October!



Keynote Speakers

STP President Sue Frantz, Highline College
Changing the World-One Psychology Class at a Time

David Myers, Hope College
Teaching Psychological Science in a Post-Truth Age

Mitch Handelsman, Univ. Colorado - Denver
Teaching Torture: What I Didn't Do Over My Summer Vacation

GET INVOLVED

STP is committed to providing opportunities to as many members as possible to participate in STP initiatives. For all positions, STP encourages applications and nominations from colleagues who are from underrepresented groups and have diverse backgrounds and experiences.

Call for 3 Members of the Small Grants Partnerships Committee

We are looking for 3 new members to join the Small Grants Partnerships Committee. The primary purpose of this committee is to support small scale projects that help promote excellence in the teaching and learning of psychology. The term commitment for each of these openings is 3 years (September 2018 through August 2021). Anyone interested in serving on this committee can send their CV and a brief cover letter **by Friday, August 31** to Dr. Eric Klein at eric.klein@ashford.edu.

Call for Member of the IRA Committee

STP is now accepting applications for one new member of the six-member Instructional Resource Award (IRA) Committee. Applicants must be members of STP, have completed their Masters degrees, and be willing to commit to a three-year term starting February 1, 2019. **Please apply by September 15, 2018** by sending a recent CV and a one-page cover letter stating your interest in and qualifications for the position to Elizabeth Mazur, Chair, STP IRA Committee at emazur@psu.edu. For more information, visit <http://teachpsych.org/Default.aspx?pageId=1610198> or contact emazur@psu.edu.

Seeking Contributions for Special Issue on Dr. Charles Brewer

The Editors of ToPNEWS-Online will solicit contributions for a Special Issue of the newsletter honoring Dr. Brewer's legacy to be published in October. If you would like to contribute, please email the following to stp@teachpsych.org **by September 20, 2018**: your name and relationship(s) to Dr. Brewer (e.g., former student, colleague, AP Reader, etc.); your current institutional affiliation (if relevant); text of your remembrances of Dr. Brewer (which will appear verbatim in the newsletter), and (if available) a photo connected to your remembrance with a descriptive caption (which will appear verbatim in the newsletter).

Call for Member: APA Committee on Associate and Baccalaureate Education

APA's Board of Educational Affairs (BEA) is seeking nominees for CABE to join the committee in January 2019. Three members will be appointed. BEA encourages participation by early career psychologists and members of underrepresented groups, and would particularly welcome such nominees. Self-nominations also are encouraged. BEA will consider a slate of nominees and make the appointments later in 2018. The APA Board of Directors will be requested to approve these appointments in December 2018. Visit <http://www.apa.org/ed/precollege/undergrad/committee.aspx> for more information about CABE

CABE conducts its business through conference calls, virtual meetings and a face-to-face meeting in Washington, D.C. APA covers travel and accommodation expenses. Nominees for CABE should submit a curriculum vitae and a brief personal statement that describes the basis for their interest in becoming a member of CABE. Please send electronic files of nomination materials to Martha Boenau at mboenau@apa.org. **Nominations are due by Aug. 31, 2018.**

Call for Papers: Practice, Education, and Training in Substance Use Disorders

The Editors of *Training and Education in Professional Psychology* (TEPP) are coordinating with the editors of *Professional Psychology: Research and Practice* (PPRP) on special issues on substance use disorders and addictions. Of particular interest to TEPP are manuscripts that address integrative training, such as the arc of training from beginning to advanced levels, and the integration of training in basic addiction science and applied practice; or that address education that is integrated into a broad curriculum vs. provided as a more comprehensive or focused training emphasis. All manuscripts should be submitted electronically by **November 1, 2018**; visit the links above for more information.

GRANTS AND AWARDS

Call for Applications: STP ECP Travel Grants



STP is pleased to announce the Early Career Psychologist Travel Grant Program. The grant program is open only to STP members who meet the ECP definition below. Grant funds can be used to defray the costs of attending psychology teaching conferences or conferences with a significant teaching of psychology component. STP encourages applications from colleagues who are from underrepresented groups and have diverse backgrounds and experiences

STP defines an Early Career Psychologist as an individual who is within ten (10) years post-graduate degree AND within ten (10) years of beginning college teaching.

We will fund approximately 20 grants, with a maximum award of \$500 per grant, for conference attendance between January 1, 2019, and December 31, 2019. **Deadline for proposals is October 1, 2018.**

Policies regarding STP grant programs can be found at <http://teachpsych.org/members/policies.php>. Applications will be evaluated on the degree to which the applicant demonstrates that the proposed conference attendance can improve the applicant's teaching of psychology. Priority will be given to first-time recipients. Regional conference attendance is encouraged, but not required. The average funding rate of applicants since tracking began in 2012 is 72.5%. Many funded applicants have received full funding, but some proposals received were partially funded.

Please submit your completed [STP ECP Travel Grant Application](#) and CV electronically to Amy Hackney at travelgrants@teachpsych.org. Applicants will receive notification of award decisions no later than early December, 2018.

Call for APA Fellow Nominations

The STP Fellows Committee invites nominations for APA Fellow status for STP members who are also APA members. Criteria for Fellow status emphasize "unusual and outstanding" contributions to the teaching of psychology that have had a national impact. The full list of divisional criteria as well as information about the application process can be found at: <http://teachpsych.org/members/fellows/index.php>.

The APA criteria for Fellow status can be found at <http://www.apa.org/membership/fellows/index.aspx>. The application process is entirely online through the APA Fellows Application Platform, which can be accessed from this page. <https://teachpsych.org/page-1599536>

Nominees will be evaluated based on their ability to provide (a) strong letters of endorsement from at least three current APA Fellows and (b) documentation in support of the criteria listed above, but not necessarily in all areas. These endorsement letters and supporting documentation will provide evidence first to STP's Fellows Committee and subsequently to APA's Membership Committee, Board of Directors, and Council of Representatives that the nominees have met APA's criteria for selection to Fellow status. In general, APA requires that nominees show "evidence of unusual and outstanding contributions or performance in the field of psychology." The Committee is committed to increasing the diversity of Fellow nominees. Self-nominations are welcome.

The deadline for receipt of completed applications, including all endorsement letters and supporting materials, is **December 31, 2018**. Applications must be submitted electronically through the APA Fellows Application Platform. Late applications will be considered in the following year. Please contact Bruce Henderson (fellows@teachpsych.org), chair of the STP Fellows Committee, with any questions.

APS Teaching Fund: Call for Applications

Established with the support of The David and Carol Myers Foundation, The APS Fund for Teaching and Public Understanding of Psychological Science (APS Teaching Fund) invites applications **by October 1** for non-renewable grants up to \$5,000 to launch new projects broadly addressing the categories below:

- **Scholarship of Teaching and Learning (SoTL):** Grants in this category support high quality, potentially publishable, scholarship directed at the teaching and learning of psychological science.
- **Meetings and Conferences:** Grants in this category support efforts that facilitate communication among teachers of psychological science who share common challenges and who would benefit from sharing ideas and resources.
- **Technology and Website:** Grants in this category support projects leveraging technological resources to enhance the teaching and learning of psychological science, and to increase the reach and efficient dissemination of related resources.

Visit www.psychologicalscience.org/smallgrants.

Questions? Contact Neil S. Lutsky, Committee Chair, at teachfund@psychologicalscience.org.

APF 2019 Brewer Distinguished Teaching Award

The Charles L. Brewer Distinguished Teaching of Psychology Award recognizes significant career contributions of a psychologist who has a proven track record as an exceptional teacher of psychology. The recipient of this award will receive a \$2,000 award, a \$1,000 travel stipend and round-trip airfare to the 2019 APA convention, a plaque presented at the APA convention, and will be invited to give a special address at the APA convention. Nominees should demonstrate and will be rated on the following dimensions:

- Have demonstrated achievement related to the teaching of psychology
- Exemplary performance as a classroom teacher
- Development of innovative curricula and courses
- Development of effective teaching methods and/or materials
- Teaching of advanced research methods and practice in psychology
- Administrative facilitation of teaching
- Research on teaching
- Training of teachers of psychology
- Evidence of influence as a teacher of students who become psychologists

For more information, visit <http://www.apa.org/apf/funding/brewer.aspx>. **The deadline for nominations is December 1, 2018.** To apply, visit : <https://www.grantinterface.com/Home/Logon?urlkey=apa&>

APF/Society for General Psychology Mary Whiton Calkins Grant

One grant of \$1,500-\$3,000 to support faculty who teach at primarily undergraduate serving institutions and who identify undergraduate education as their primary focus.

The American Psychological Foundation's (APF) Society for General Psychology Mary Whiton Calkins Grant seeks to support faculty who teach at primarily undergraduate serving institutions and who identify undergraduate education as their primary focus. The grant encourages research that fits into the broad category of general psychology with a particular interest in research that combines multiple subfields within the discipline or addresses overarching themes. The strongest proposals will align with one or more of Div. 1's (Society for General Psychology) goals and will support faculty members who seek to promote coherence among psychology's subfields.

The strongest proposals will align with one or more of Division 1's (Society for General Psychology) goals and will support faculty members who seek to promote coherence among psychology's subfields.

Division 1 (Society for General Psychology) website: <http://www.apa.org/apf/funding/calkins-grant.aspx>

Click here to apply for this grant: <https://www.grantinterface.com/Home/Logon?urlkey=apa&>

The deadline for applications September 17, 2018. APF welcomes applicants with diverse backgrounds with respect to age, race, color, religion, creed, nationality, disability, sexual orientation, gender, and geography.

RESOURCES

This is How I Teach Blogs

Timothy (Tim) Kiltz, Washington & Jefferson College, and Jeffrey R. Stowell, Eastern Illinois University, are the most recent contributors to the "This is How I Teach" blog. Read their and others' approaches to teaching psychology at <https://teachpsych.org/page-1703896>. Would you like to contribute to the blog? Contact howiteach@teachpsych.org.

I'm a Member of STP and This is How I Teach



Division 27 Launches a Website for Community Psychology

Div. 27 (the Society for Community Research and Action) (SCRA) is engaged in a major effort to promote the field of community psychology and the work of community psychologists to the general public. As part of that effort, the division has launched a new website (<https://www.communitypsychology.com/>) to serve as an outward facing platform for the field. Anyone engaged in community psychology can submit their work for inclusion on the website. One section of the website focuses on issues relevant to education: <https://www.communitypsychology.com/category/issues/education/>.

Subscribing to APA Listservs (e.g., PsychTeacher)

APA hosts several listservs designed for STP members, including:

DIV2PSYCHTEACHER@LISTS.APA.ORG: STP's moderated electronic list for all teachers of psychology

DIV2ECP@LISTS.APA.ORG: STP's discussion/announcement list for Early Career Psychologists

DIVERSITY-TEACH@LISTS.APA.ORG: How to infuse diversity and international views in courses/curricula

TOPNEWS@LISTS.APA.ORG: Monthly announcements of publication of this newsletter

In addition, there are many other listservs that may be of interest to you and to which you may be able to subscribe. To learn more about how to join and communicate on an APA listserv, visit the following instruction sheets:

Instructions, Part 1: <http://www.apa.org/about/division/digest/share-members/listserv-tips.pdf>

Instructions, Part 2: <http://www.apa.org/about/division/digest/share-members/listserv-messages.pdf>

LISTS.APA.ORG

This LISTSERV server is located at LISTSAPA.ORG. Below you will find all lists that have been configured for public archiving. To access a specific list, simply click on the name of the list in the table. To find confidential or unlisted lists, type in the list name in the search box to the right. For lists that have been configured with an HTML description, you can get more information about the list by hovering the mouse over the list name.

[Previous] [AA-APAH] [APAH-CA] [CC-DE] [DIS-DIV1] [DIV1-DIV2] [DIV2-DIV3] [DIV3-DIV4] [DIV4-DIV5] [DIV6-GF] [GG-LGBT] [LGBT-PE] [PI-SCRA] [SCRA-TP] [TR-Y] [Next]

List Name	List Title
DIV17POSPSYCH	Division 17 Section on Positive Psychology (259 Subscribers)
DIV17PREVENTIONSECTION	To facilitate communication between members of the Prevention Section of DIV17. (162 Subscribers)
DIV17PROGRAM	Division 17 Program Committee (142 Subscribers)
DIV17PROMOSCIENCE	Division 17 section on Promotion of Psychotherapy Science (46 Subscribers)

Access Unlisted Lists

Options

Recent Articles on Psych Learning Curve

Here are links to recent articles published on APA's Psych Learning Curve website. To subscribe and/or view these and other articles, visit <http://psychlearningcurve.org/>

July 24, 2018: [New to Teaching Psych? Some Key Resources—2018 Edition](#) (for High School Teachers)

July 23, 2018: [What Can You Do with a Bachelor's Degree in Psychology? A Resource for Educators](#)

July/August 2018: [Keys to Success When Going for Tenure](#) (link to an APA Monitor article)

Also check out the weekly News Roundups, which link to recent articles related to the teaching of psychology. Here are links to recent News Roundups from [July 13, 2018](#), and [July 27, 2018](#).

TOPSS Canvas Course Template and FAQs

Teachers of Psychology in Secondary Schools (TOPSS) and participants from last summer's APA high school summit are pleased to announce two new teaching resources for high school psychology teachers:

- [TOPSS High School Psychology Course Template available in Canvas](#)
This teaching resource created by teachers for teachers includes many content specific, peer-reviewed resources, videos and formative assessments organized by the [National Standards for High School Psychology Curricula](#). The entire course template is shareable and customizable and can be used in on-line or in-person psychology classes. Please be sure to watch the instructional video posted to the website for steps on how to download and use the course. Feedback is encouraged and should be sent to topss@apa.org, as this is a living resource that will be expanded and added to over time.
- [Teaching Psychology: Where Can I Find Help?](#)
This resource provides the novice or veteran psychology teacher with a quick reference for needs and questions that arise while preparing to teach a course in psychology. Questions include: Where can I find help with setting up my psychology course? Where can I find support for professional development and learning in psychology? What should I know about selecting demonstrations and activities to use in the classroom? Where can I find help with instructional and classroom support, including supplemental materials for myself or my classroom?

More new teaching resources will be published this month! In the meantime, please visit the [TOPSS website](#) or the [summit website](#) for other resources for teachers.

DIVERSITY AND INTERNATIONAL RELATIONS

Updated Resources for the Inclusion of Social Class in Psychology Curricula

Originally compiled and released by Divisions 9 and 35 in 2008, the "Resources for the Inclusion of Social Class in Psychology Curricula" serves to encourage educators of psychology to have more discussion surrounding these pertinent topics in a way that is informative to their students. The content includes a purposeful sampling of readings that are multidisciplinary in approach by identifying materials needed for implementing and enriching teaching within the field of psychology. It also consists of guides intended to provide psychology instructors with resources and ideas for integrating public policy related to SES topics into the psychology curriculum. There will also be a brief guide to understanding the legislative process, legislative codes, and how to search for policies regarding SES, social class, and classism issues. Visit <http://www.apa.org/pi/ses/resources/publications/social-class-curricula.aspx>

For additional information about the resources, please contact the APA Office on Socioeconomic Status:

APA Office on Socioeconomic Status

750 First Street, NE

Washington, DC 20002

202-216-7601

Email: LMontgomery@apa.org

APA International Learning Partner Program

APA's International Learning Partner Program (ILPP) promotes cross-cultural understanding within the field of psychology through experiential learning opportunities abroad. Through meetings with leaders, faculty and service providers in the host country, program participants gain unique insight into international applications of psychology and develop meaningful professional connections. The ILPP facilitates the exchange of knowledge, ideas and resources with an emphasis on practice, education, training, research and policy in a variety of settings.

The ILPP is open to psychologists and graduate students of psychology who are interested in building international professional connections and collaborations.

The ILPP to [Cuba](#) will take place Nov. 18-28, 2018. **Applications are due August 30, 2018.**

The ILPP to [Tanzania](#) will take place January 5-15, 2019. **Applications are due September 15, 2018.**



*Dear ECPs,
My wife (who's not in academia) and I are expecting our first child this summer. I'll be starting my fourth year of my tenure-track position in the Fall. Do you have any practical advice to help me balance parenthood and the pressure of the tenure process?
- Sincerely, Sleepless in Academia*

THE ECP CORNER

Work-Family Balance



Dear Sleepless in Academia:

You sound eerily familiar to one of our own committee members! To answer your question, we've asked our three ECP committee members who have kids to weigh in. We've also reached out to a friend in the STP committee for his perspective as a dad in academia. We hope this helps you in your exciting journey ahead.

Heather: Develop a plan and then throw it out the window. Be prepared to be the most exhausted you have ever been in your life...ever. The first few months are especially hard as you, your family, and your new bundle of joy adapt and develop a schedule. You can plan for little sleep and trying to squeeze in your papers, course prep, etc. until late night hours or during naps, but even "the best-laid plans of mice and men often go awry". But that's OK. Remember to cut yourself some slack and just enjoy the moment. I struggled for a long time trying to find the perfect work-life balance, but could never seem to find that flawless sweet spot. I think that is because it doesn't exist. Instead, some days the family comes first and some days work will come first. That's the balance. The days can be long but the years go by fast. I try to keep this in mind as I work to pay the bills while also soaking in every milestone, smile, and best ever baby giggles.

Julie: Welcome to the world of being a working parent and congratulations on your new bundle of joy! Many of us in academia are planners and are goal oriented. You may see this come across in your parenting style. However, you will soon have to become comfortable with your kids often running the show. Life is full of so many more surprises now and I had to learn to embrace this. My advice is to be gentle with yourself because parenting is wonderful, but it is also hard. No one has all of the answers, but you will do what's best for your child in your own way. Plan on getting zero sleep. Then if you do get some sleep, it will be more of a pleasant surprise instead of something that you are hoping for!

Lyra: It may seem insurmountable to deal with young children and a productive academic career, however it can be accomplished with planning. I make sure to schedule my time very carefully between work obligations and tending to my family. My days are usually divided into chunks of time to fully dedicate to professional duties and then to my children. I find that it is key to take advantage of the time when children are sleeping! Even though things may not go as planned, it is important to mark out times that will be completely dedicated to children so you do not feel torn in your dual roles. I try to dedicate most of my weekends to my children and be as productive as I can while in work mode. I had my second child while I was in the process of writing and defending my dissertation and found that a demarcation of time helped me be productive when I was in thesis mode and dedicated to my children when with them. In addition, be sure to discuss your specific schedule with your partner to make those productive times easier. Good luck!

Kyle Conlon, Ph.D., Stephen F. Austin State University: Welcome to academic parenthood--one of the most rewarding and, yes, challenging periods of your life! I'll organize my advice under two themes: communication and self-care. First, clear communication with your wife, family, and colleagues is crucial. The tenure-track is hard enough, but adding a baby to the mix can amplify stresses, insecurities, and unknowns. Embrace and approach these new and difficult scenarios as opportunities for you and your wife to work together and learn together. Remember: you're on the same team, and you both want what's best for your baby. As difficult as it may be, try to set clear expectations about what you can reasonably accomplish at work. This may mean one fewer grant application, a shorter work day, etc.--decide what can be "cut." Discuss with your wife what she expects of you, and craft a plan together to balance your responsibilities. Similarly, if you have clear tenure expectations for teaching, research, and service, aim to satisfy the expectations. Don't let perfect be the enemy of the "good enough for tenure." Second, self-care is really important. Caring for others is near impossible if you're not caring for yourself. You might, at least initially, need to scale back on some self-care activities, but over time, see if you can work back in some regular gym time, walks around the neighborhood with your baby in tow, or healthy meals around the dinner table. Use the flexibility of your academic position to your advantage. And it's OK to admit that this parenting thing is really, really tough. As an academic parent, you'll be expected to meet the demands of your job while being viscerally exhausted; well-meaning people will offer unsolicited and critical advice about your parenting that may get under your skin; a minor miscommunication with your wife or family may spiral into a stress-induced screaming match. Relax, take a deep breath, and don't be afraid to say to your wife or family, "Hey, could I have a few minutes to myself to reset?" Reciprocate for your close others. Carve out time for yourself (even if only between diaper changes). Good luck!

Have a burning question? Submit it for a future 'Ask an ECP' column: <http://tinyurl.com/AskAnECP>

See the next page for more information on STP's Early Career Psychologists Committee

Your STP Early Career Psychologists Committee:



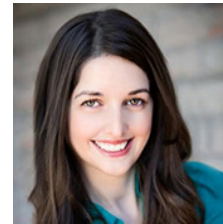
Sara Branch
@prof_branch



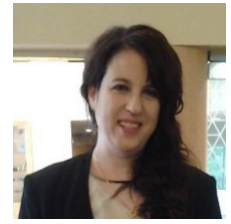
Ho Huynh
@gofighthuynh



Heather Hussey



Julie Lazzara
@explorepysch



Lyra Stein
@LyraStein

For updates on ECP activities, visit:

ECP Website: <http://teachpsych.org/ecp>

Email: stp-ecp@teachpsych.org

Twitter: @STP_ECP

Facebook: <http://tinyurl.com/ECPfacebook>

Listserv: <http://tinyurl.com/DIV2ECP>

THE GSTA CORNER

The GSTA Blog: An Opportunity to Get Involved with the GSTA/STP!

By: Teresa Ober¹, Hallie Jordan², & Charles Raffaele¹

¹The Graduate Center, CUNY

²University of Southern Mississippi

We recently announced a call inviting members of the Graduate Student Teaching Association to join our Blog Editorial Team. In this month's column, we are pleased to welcome Hallie Jordan as a new editorial team member. Hallie brings to the role her experience as a doctoral student in counseling psychology and instructor of both online and in-person undergraduate courses, and her enthusiasm for the teaching of psychology.



Recent contributions to the GSTA blog demonstrate the variety of strategies, advice, and general ideas that are exchanged. For example, Dr. Scott Lilienfeld detailed in a [recent post](#) how psychology instructors may ward against the phenomenon of new scientific pursuits too often being prematurely declared to be breakthroughs ("breakthrough-ism"). [Another recent post](#), by Rachel Shor, a doctoral candidate and member of the GSTA, offers some suggestions for incorporating service-learning curriculum into classroom teaching. [Another recent contribution](#), by Dr. Jordan Troisi, not only provides a link to a free online resource about teaching psychology to readers, but also gives a very concise set of three pieces of advice to graduate students as they begin the job search for faculty positions.

As members of the editorial team still seeking new members, we encourage you to get involved! Joining the GSTA blog editorial team has many benefits. There are opportunities to gain blog-specific writing and editing skills, as well as experience developing ideas for content and recruiting blog contributors. Through contributor recruitment efforts, members of the editorial team can expect to expand their professional network to include enthusiastic graduate student instructors and accomplished faculty instructors with much wisdom to share. Becoming a member of the GSTA blog editorial team is a great way to enhance one's participation in STP and meet others who share a passion for teaching!

If you are a current graduate student with a passion for teaching psychology and are interested in gaining some experience as a writer and editor, please consider reaching out to us about getting involved. Email us at gsta.cuny@gmail.com to find out more!



Please consider taking the GSTA Teacher Survey and encourage graduate students in your department to do so as well! Drawings will be held to award \$50 gift cards over the coming months as data come in. Visit <http://www.tinyurl.com/GSTATeacherSurvey>.

For updates on GSTA activities, visit:

Twitter: @gradteachpsych

Facebook: <http://tinyurl.com/GSTAfacebook>

Email: gsta.cuny@gmail.com

Blog: <http://teachpsych.org/page-1784686?pg=2>

GSTA website at STP:

<http://teachpsych.org/gsta/index.php>

GSTA resource website at CUNY:

<https://psychology.commons.gc.cuny.edu/>

NATIONAL TEACHER SURVEY

A comprehensive survey of college teachers' experiences across the nation.

MAKE YOUR VOICE HEARD!

www.tinyurl.com/GSTATEacherSurvey



WHY

College courses across the United States are taught by graduate students (often in their first year of graduate school) and adjunct instructors. Yet there is little professional development available for these teachers and no public information available about how many students they serve. Please tell us about your experiences as a college teacher!



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CONFERENCES/INSTITUTES/WORKSHOPS

See page 3 for news about STP's programming at APA and the Annual Conference on Teaching.

ICPS 2019 Pre-Conference Teaching Institute: Call for Posters

The International Convention of Psychology Science (ICPS) pre-conference Teaching Institute (Paris, France) is sponsored by the Association for Psychological Science and The Society for the Teaching of Psychology. The day-long pre-conference program offers informative talks and practical advice from leading experts in research on, and applications of, empirical approaches to teaching psychological science. It will be held on Thursday March 7, 2019, and will include a poster session with presentations centered on this theme. Submit today to have your poster considered for this session. Please note that the Teaching Institute requires a separate registration. **For more information and to submit a poster (deadline, September 20, 2018)**, visit <https://tinyurl.com/2019ICPS-Teaching-Institute>.

Mid-Atlantic Teachers of Psychology Conference

The Prince George's Community College Department of Psychology is sponsoring the 20th Annual Mid-Atlantic Teachers of Psychology (MATOP) conference on the teaching of psychology on Friday September 28, 2018 at PGCC outside of Washington DC. This year's conference will focus on Trends in Teaching Psychology. This year's keynote speaker is Dr. Elizabeth Yost Hammer from Xavier University in New Orleans. For registration information, go to <http://academic.pgcc.edu/~dfinley/>.

Northeast Conference for Teachers of Psychology

The Northeast Conference for Teachers of Psychology (NECTOP) invites you to attend and participate in the 2018 Annual Meeting, November 9, 2018 at Worcester Polytechnic Institute.

NECTOP will consider proposals for one-hour interactive sessions/workshops dealing with instructional methods or strategies in the teaching of psychology as well as posters and participant idea exchanges. The deadline for one-hour interactive sessions and 30-minute participant idea exchanges has passed. **NECTOP will continue to review posters submitted through October 1, 2018.** Visit: <https://www.newenglandpsychological.org/>.



National Institute on the Teaching of Psychology



The 41st annual National Institute on the Teaching of Psychology, co-sponsored by the Association for Psychological Science and the University of South Florida Department of Psychology, will be held January 3-6, 2019, at the TradeWinds Island Grand Hotel, in St. Pete Beach, Florida. Registration is limited to 375 participants; registration by November 15 is highly recommended. **Proposals for Teaching Slam and Demo Demo presentations should be received by September 15, 2018 and proposals for posters and participant idea exchanges should be received by October 1, 2018** to guarantee space in the program. For more information, consult www.nitop.org or email queries to Coordinator@nitop.org.

Calendar of Upcoming Conferences

STP Programming at the APA Convention

August 9-12, 2018, San Francisco, CA

<http://teachpsych.org/conferences/apa/index.php>

Mid-Atlantic Teachers of Psychology

September 28, 2018, Largo, MD

<http://academic.pgcc.edu/~dfinley/>

STP's Annual Conference on Teaching

October 19-20, 2018, Phoenix, AZ

<http://teachpsych.org/conferences/act.php>

Northeast Conference for Teachers of Psychology

November 9, 2018, Worcester, MA

<https://www.newenglandpsychological.org>

Deadlines for poster submissions: October 1, 2018

National Institute for the Teaching of Psychology

January 3-6, 2019, St. Pete Beach, FL

<http://www.nitop.org>

Deadlines for submissions: September 15 & October 1, 2018

ICPS Pre-Conference Teaching Institute

March 7, 2019, Paris, France

<https://tinyurl.com/2019ICPS-Teaching-Institute>

Deadline for poster submissions: September 30, 2018

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Regional Psychology Conferences

New England Psychological Association (NEPA)

November 9-10, 2018, Worcester, MA

<https://www.newenglandpsychological.org>

Eastern Psychological Association (EPA)

March 1-4, 2019, New York, NY

<https://www.easternpsychological.org>

Southeastern Psychological Association (SEPA)

March 20-23, 2019, Jacksonville, FL

<http://www.sepaonline.com>

Rocky Mountain Psychological Association (RMPA)

April 4-6, 2019, Denver, CO

<http://www.rockymountainpsych.com/>

Southwestern Psychological Association (SWPA)

April 5-7, 2019, Albuquerque, NM

<http://www.swpsych.org/>

Midwestern Psychological Association (MPA)

April 11-13, 2019: Chicago, IL

<https://www.midwesternpsych.org/>

Western Psychological Association (WPA)

April 25-28, 2019, Pasadena, CA

<http://westernpsych.org/>

As you look at your fall schedule, please consider the dates and deadlines for 2018-2019 regional conferences (links at left). STP has programming at each regional conference and we encourage you to attend and present! If you have questions about STP regional conference programming, please email Garth Neufeld at gneufeld@cascadia.edu.



Visit www.teachpsych.org/page-1862920 for additional information about conferences.

Please send announcements for upcoming conferences to stp@teachpsych.org.

MEMBERSHIP IN STP

STP has arranged for the APA Division Services Office to receive and process all new and renewal membership applications. APA members who are in STP (Division 2) will continue to receive renewal notices with their APA renewals as in the past. STP members who are APA affiliates or not APA members at all will receive mailed and electronic renewal notices from the Division Services Office. Of course, a person does not have to be a member of APA to join and enjoy the membership benefits of STP.

Joining or Renewing in 2019

STP is now accepting membership dues for new members or renewing members for 2019. Dues for 2019 are \$15 for students, \$25 for non-students and \$15 for retirees.

Joining STP for the First Time in 2019

To join STP, visit <http://teachpsych.org/page-1862983> where you may either download an application form or pay online by redirecting your browser to www.apa.org/divapp. Please be sure to fill in all information fields on the application form.

Renewing: APA Affiliate or Non-APA Member

STP members who are not members of APA will receive a 2019 STP dues statement in the mail in October. These members may also pay online at the URL above. STP members who are Affiliates of APA (e.g., students, APAGS; high school, TOPSS; and community college, PT@CC) will also receive a 2019 STP dues statement in October; STP dues will not appear on the APA renewal form for these Affiliates, only on the separate divisional renewal forms. These members may also pay online at the URL. (Individuals who are not members of APA or are APA Affiliates and belong to more than one division of APA will receive a combined statement for all divisional memberships.)

Renewing: APA Member of Division 2

STP members who are also members of APA should check their APA dues statements for an itemized assessment fee for Division 2. If your Division 2 renewal appears on your APA dues statement, do not pay online at the STP Web site. You may end up paying twice for your membership. However, if you are a member of STP, and the Division 2 renewal does not appear on your APA dues statement, please contact the APA Member Services Office at division@apa.org so that we may correct this error.

APS Members, Please Note

APS members who choose the ToP subscription option on the APS renewal form will receive full membership in STP and will have access to all member benefits. You may activate membership when you pay your APS dues **OR** through the STP webpage at <http://teachpsych.org/page-1862983>. **However, please be sure not to pay through BOTH alternatives.** If you hold membership in both APS and APA, we will ask APA to include the membership in your APA membership profile, and you will receive renewal notices from APA. Please do not pay twice by using the APS option.

APS Members who belong to APA and have joined STP (Division 2) through their APA membership will receive automatic, itemized STP renewal notices in their annual APA dues statements. Please renew STP in this manner and do not select the APS check off to avoid paying twice.

Questions about STP Membership Status

Email division@apa.org if you have any questions about your STP membership status.

STP Members: Updating Mail/Email Address

If you are an STP member and your mailing and/or email address will be changing, please report your new contact information to division@apa.org