



OTRP *online*

office of teaching resources in PSYCHOLOGY

Spring 2007 ABNORMAL PSYCHOLOGY 340

Meera Rastogi, PhD



Class Meetings: M & W 2-3:50

Room: PRD 308

Office Hours: Tuesday or By appointment

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COURSE WEBSITE: <http://psych.edgewood.edu/psy340mr/>

Date	Topic	Assignment
1/22	Introduction	
1/24	Overview of History/ Definitions	Ch 1
1/29	Theoretical Perspectives	Ch 3 and 684-689
1/31	Theoretical Perspectives	Ch 3 and 684-689
2/5	Biological Aspects <i>Social Issue: Psychotropic medications with youth- are they safe?</i>	Ch 4 (skip 127-136)
2/7	Clinical Assessment and Diagnosis	Ch 2: 33-64
2/12	Clinical Assessment and Diagnosis Time: 3:20-3:50 Required Computer Lab Visit to learn academic sources search techniques <i>Social Issue: What are the pros and cons of diagnosis?</i>	Ch 2: 33-64
2/14	Early Onset Disorders: Eating Disorders Film: Inside Out: Stories of Bulimia <i>Social Issues: Weight and Models or should Binge Eating be added to the DSM?</i>	Ch 8
2/19	Early onset Disorders: ADHD, Autism Case 3: Girl with Aspergers accused of poisoning a cake	Ch 8 skip 349-362 RD Due for Peer Critique
2/21	11-12:30 Supporting Higher Ed Students with ADHD No class at the regular time	Anderson Auditorium
2/26	Late Onset Disorders Review	Ch 11
2/28	Personality Disorders: Borderline Personality & Self Mutilation <i>Social Issue: Is the Borderline diagnosis sexist?</i>	Reading: On line Handout

3/5 Personality Disorders: Borderline Personality
Review

3/7	EXAM 1
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3/12 Personality Disorders: Antisocial Personality Disorder, Oppositional Defiant Disorder, & Conduct Disorder (Ch 9 and 349-362)
Case: *The Law and Mrs. Shelton*

3/14 Alcoholism & Addiction 575-600
General Overview of Substance Abuse Disorders

3/19	Substance Abuse: OTC and Meth <i>Social Issue: Rise in Youth Abuse of Over The Counter Meds</i>	Book Analysis Paper Due
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3/21 Anxiety Disorders Ch 5
Case Study: Is hoarding an aspect of OCD?

3/26 Anxiety Disorders Ch 5
Social Issues:
A) *Post Traumatic Stress Disorder in Iraqi Veterans (NPR)*
B) *Post Traumatic Slave Syndrome (Center for Diversity video)*
C) *Racism Based Trauma (on-line reading)*

3/28 Mood Disorders Ch 7
648-656

April 2-9 Spring Break- No class- yippee!

4/11 Mood Disorders Ch 7
Case: *Suicide of a 12 year old boy- The Sruggs' Family*
Review

4/16	EXAM 2
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4/18	Conferences with Meera	RD of Research Paper
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4/23 Schizophrenia
Film: *Jupiter's Wife*

4/25 Schizophrenia Ch 10

4/30

SPEAKERS: Consumers from Cornucopia
discuss their experiences with mental health/ illness

5/2	Gender Identity & Sexual Dysfunctions <i>Case: Gender identity and the Lipscomb Family</i>	Ch 13 Final Research Paper due
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5/7

Gender Identity & Sexual Dysfunctions Ch 13

5/9

Psychopathology and Criminal Conduct 657-676 and 680-684
Film: Frontline
Review

5/16	Final Exam Wednesday
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The above schedule, policies, and assignments are subject to change in the event of extenuating circumstances or by mutual agreement between the instructor and the students.

ABNORMAL PSYCHOLOGY 340

Course Description:

A study of a variety of behavioral abnormalities in children and adults. This study will take place within a historical overview of explanations applied to abnormal behavior and modes of treatment which logically followed from such explanations. A practicum is required.

(Prerequisite: PSY 101F4)

Course Overview and Objectives:

1. Be able to articulate the differences between “abnormal” and “normal” behavior.
2. Gain knowledge and understanding of the causes, diagnoses, and treatment of major psychological disorders from a historical, biological, and psychological perspective.
3. Gain awareness of the controversial issues and major theoretical explanations of disorders in the field of clinical and counseling psychology.
4. Examine and critique current research on psychological disorders.
5. Acquire knowledge about one’s own psychological functioning and gain more self-awareness.
6. Describe and examine the effectiveness of various forms of treatment.
7. Obtain hands-on experience in the field through the practicum placement.

TEXTS:

1) Seligman, M. E., Walker, E. F., & Rosenhan, D. L. (2001). Abnormal Psychology. (4th Edition). New York: W. W. Norton & Company.

2) On-line Readings: How do I get to these articles?

Go to <http://library.edgewood.edu>

Click on Course Reserves (on the right side)

Click on Electronic Reserves (under the heading of For Students)

Click on Electronic Reserves & Reserves Pages

Enter the course number “340”

Click on the class

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You may need to enter in the password "PSY340"
Please let me know if you have any difficulty.

You are responsible for reading all assignments. Exam questions will be from both the lecture and text. Ask early if you need help, as there are options.

Abnormal Psychology 340 Description of Tests & Assignments Dr. Meera Rastogi



Service Learning Project

All students are required to complete 20 hours of service work at a location that works with individuals with mental illness

Checklist for this assignment includes:

- ___ A. Completion of **five** academic reflection reports (on-line) OR three 1-page summaries (THESE MUST BE TURNED IN THROUGHOUT THE SEMESTER)
- ___ B. Supervisor Form
- ___ C. Log of hours



Please see web site for ideas for possible organizations.

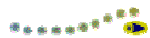


Exams

The three exams in Psychology 340 will consist of the following items:

- Short answers, matching, identification, multiple choice, and/or fill in the blank
- The exams may include a take home portion (current event summary or case analysis).

MAKE UP EXAMS WILL NOT BE GIVEN WITHOUT A DOCUMENTED EXCUSE BY A MEDICAL PROFESSIONAL OR APPROPRIATE PERSON.



Please see web site for ideas for study guides.



Abnormal Psychology Progressive Paper (PP) Assignment

Definition:

The progressive paper includes in-class lectures, training in peer editing, exercises to build on previous versions of the paper, and time for revisions of earlier drafts. The progressive paper emulates writing in the real world where "There is no good writing, only good rewriting" (Hull, 1985; as cited by McGovern & Hogshead, 1990, p. 7).

The progressive paper consists for 5 parts; each piece is graded separately. You will receive mini trainings, lecture, and descriptions for each part of the paper. The goal of your final paper is to increase your formal writing skills by writing a polished, articulate, and well developed research paper on a topic of your choice.

Parts:

- 1) Peer editing on the rough draft
- 2) Part 1 of the paper
- 3) Research addition rough draft to be evaluated in one on one meeting
- 4) Peer editing of final draft

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Social Issues and Cases

I have chosen several **social Issues** related to abnormal psychology. These are controversial/ current issues in the field that we will analyze using class material.

Cases are real life events that relate to class material. We will discuss these cases at length examining the history, presenting problem and outcome. Then we will apply course material to enhance our understanding of the case.

Readings/ audio/ video tapes may be assigned to enhance our class discussions.

Attendance and Participation

In-class exercises will be done each day and will count towards your class attendance. Three unexcused absences are allowed, after the 3, half of a letter grade of your final grade will be deducted for additional absences. If you miss more than 6 classes during this course, you will receive a failing grade for the course.

CLASS MEETINGS:

- Please try to be on time. If late, come in without disturbing the rest of the students. If absent, obtain notes from a classmate.
- You are responsible for everything that is covered in every class.
- Please come prepared to learn about abnormal psychology.
- Be considerate of classmates and instructor. Ask questions when necessary, but do not talk and disrupt class. If necessary, I might need to ask a student to leave the room if disruptive.

STUDY SUGGESTIONS:

1) **Peers:** Your peers can be your greatest help. You may want to meet weekly to review notes and topics covered in-class or you can join a study group and meet before exam dates. A course list of students and phone numbers will be distributed during the first 2 weeks of class.

(2) Office Hours:

Please make an appointment if you have questions, or just want to chat. I love to work with students and would be delighted to see you during office hours (Tuesdays by appointment). You may contact me at the following locations:

Work: 110C De Ricci 663-3376

E-mail: mrastogi@edgewood.edu

(3) Students with Disabilities:

If you have a documented disability which requires accommodations in this course, please contact Learning Support Services, located in the Student Resource Center in DeRicci 206, 663-2281 where LSS will provide appropriate accommodations and all information will be kept confidential.

(4) Learning Support Services:

Learning Support Services, located in DeRicci 206 (The Student Resource Center), provides academic support for students. Peer tutoring is available in some introductory-level undergraduate courses. Individual assistance in time management, study skills, and test-taking skills is also available. Please contact Learning Support Services at 663-2281 for more information.

(5) Counseling Services:

Counseling services are free to Edgewood College students. Contact Janet Billerbeck, M.A. at 663-2287.

(6) Writing help:

If you need help writing papers please contact Angela Woodward, out writing specialist at 663-3293.

ACADEMIC MISCONDUCT:

- Every student is expected to behave ethically in this class. Academic misconduct is a serious offense that will not be tolerated.
- Plagiarism will be handled according to College policies. If you do not cite material from the source you can be accused of plagiarism. Please consult the APA Manual (5th Edition) for correct forms of citations.
- If you are caught plagiarizing (cutting and pasting information from the internet, buying papers, using old papers, etc.) you will receive a failing grade on the assignment and a letter will be sent to the Assistant Academic Dean, the Chair of the Psychology Department, and your academic advisor. If students are caught cheating this will result in automatic failure in the course.
- Even if I review a rough draft of a paper this does not ensure you an A for the assignment. Consult extra help on assignments to improve the quality of your work.



Policy on late papers:

Late papers are an inconvenience for me, and are unfair to your classmates; therefore

LATE PAPERS WILL NOT BE ACCEPTED WITHOUT A MEDICAL EXCUSE OR APPROPRIATE DOCUMENTATION.

Students may be asked to withdraw from the course if:

- Student's actions or behaviors are preventing others from learning.
- Student is disruptive due to inappropriate behavior or inability to function effectively in a classroom setting.
- Student is taking an inordinate amount of instructor time or class time.
- Student has unrealistic expectations of course or professor.

GRADING:

A	=	92-100
AB	=	88-91
B	=	80-87
BC	=	76-79
C	=	68-75
CD	=	64-67
D	=	56-63
F	=	55 or below

% of total grade

15%
15%
15%
8%
22%
25%
100%

ASSIGNMENTS:

Exam 1=	____/60
Exam 2=	____/60
Exam 3=	____/60
Reports=	____/ 32
Book Analysis =	____/ 88
Research Paper =	____/100
Total=	____/400

Abnormal Psychology Progressive Paper (PP) Assignment

SPRING 07

Definition:

The progressive paper includes in-class lectures, training in peer editing, exercises to build on previous versions of the paper, and time for revisions of earlier drafts. The progressive paper emulates writing in the real world where "There is no good writing, only good rewriting" (Hull, 1985; as cited by McGovern & Hogshead, 1990, p. 7).

The progressive paper consists for 5 parts; each piece is graded separately. You will receive mini trainings, lecture, and descriptions for each part of the paper. The goal of your final paper is to increase your formal writing skills by writing a polished, articulate, and well developed research paper on a topic of your choice.

Parts:

- 1) Peer editing on the rough draft
- 2) Part 1 of the paper
- 3) Research addition rough draft to be evaluated in one on one meeting
- 4) Peer editing of final draft
- 5) Final Draft due

Progressive Paper Part 1: Book Analysis

Students will choose a biography or autobiography on a psychological disorder that is discussed in the text. Please examine your text for possible topics.

Goal: The assignment is to analyze the book according to class lectures and material in your textbook.

Contents:

- a. The analysis must include a brief summary of the book,
- b. Material integrated from the book or class lectures,
- c. Your own opinion about the book,
- d. The book's strengths and weaknesses.

Maximum length: 4 pages

For this assignment, please turn in the following:

a. Rough draft and Peer critique

d. Book of choice

e. Name on back of assignment

••••••••••👉 Please see web site for list of books.

Possible Book Analysis Outline

I. Introduction

Catchy opening

Thesis Statement-- summarizes and focuses paper

II. Background

Background info about disorder

III. Theme/ symptom/ criteria A from Book

Example from book

Connection to text/ lecture

IV. Theme/ symptom/ criteria B from Book

Example from book

Connection to text/ lecture

V. Theme/ symptom/ criteria C from Book

Example from book

Connection to text/ lecture

VI. Strengths of book

How does the case/ real lived experience compare to the criteria used for the

diagnosis?

What is the tone of the book?

Did you like the book?

VII. Weaknesses of book

How does the case/ real lived experience compare to the criteria used for the

diagnosis?

What is the tone of the book?

Did you like the book?

VIII. Own opinion/ analysis

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IX. Conclusion

Ties entire paper together
Refer to original thesis

PP Part 2:



Clinical Disorder Research Review and Comparison:

This paper will EXAPND on PP1 by critically examining the psychological research on psychological disorder you have chosen for PP1. You **MUST** use articles from well-established journals, professional books and articles of psychology. You will need to cite your sources to support your points of view (minimum sources: 5). Finally, you will compare and contrast the research with that of the text/ lectures and your biography. Please include 1-2 pages of your own conclusions and analysis.

Maximum length: 8-10 pages.

For this assignment, please turn in the following:

- A. Rough Draft with meeting feedback
- B. Book analysis from above assignment
- C. Name on back of assignment
- D. All articles and books used.

.....👉 Please see web site for sample papers.

Possible Outline for Part 2:

Introduction

Thesis statement

Background Information about

Problem (Can combine with

Intro)

Clinical/ abnormal themes/ symptoms as it compliments or opposes with research

Cite from articles! Use 5 journal articles.

Integrate terms and concepts from class and text

Organize according to the major themes/ symptoms/ areas of interest

Limitations of material read/ future areas to examine

Integrate terms and concepts from class and text

Personal Opinion/ analysis

How has your opinion changed or developed with more information?

Conclusion- summary of major points

Abnormal Psychology: Practicum Project SP 07

Requirements:

- All students are required to complete 20 hours of observations, 20 hours of attendance of course-related workshops/ lectures outside of class, or 20 hours of service work at a location with consumers of mental health services.
- Students will be required to attend class for 3 hours per week and are given the other hour per week to work towards the practicum project (4 credit hour course: 1 credit SL and 3 credits class).

Rationale:

- The practicum project is designed to help students see abnormal psychology in the real world.
- Your experience(s) will give you a contact in the community which can help for future work/ internships.

Assignments:

You may choose one of the options below:

Option A: Structured Reflections	Option B: Semi-Structured Reflections	Option C:
<p>Assignments:</p> <ul style="list-style-type: none"> ___ Completion of five structured academic reflection reports (on-line) • Answer questions on reports • Reports are due every 2-3 Weeks <p>Final due date for reports: Friday May 4</p> <ul style="list-style-type: none"> • Must integrate class/ text material throughout reports <p>___ Supervisor Form ___ Summary of hours</p>	<p>Option B: Semi-Structured Reflections</p> <p>3 1-page summaries</p> <ul style="list-style-type: none"> ___ Completion of three academic reflection reports) • Discuss a particular topic related to class material • Reports are due every 4 Weeks <p>Final due date for reports: Friday May 4</p> <ul style="list-style-type: none"> • Must integrate class/ text material throughout reports <p>___ Supervisor Form ___ Summary of hours</p>	<p>Option C:</p> <p>One paragraph per lecture attended integrated with course material: lecture or text book</p> <p>Final due date for reports: Friday May 4</p> <ul style="list-style-type: none"> • Must integrate class/ text material throughout reports <p>___ Handout from workshop ___ Summary of hours</p>

WHAT WILL YOU DO AT THE LOCATION:

- A) Do what is most comfortable for you. Some of you will prefer to observe classes or group sessions while others of you may feel comfortable leading a class.
- B) If you are uncomfortable at any time, tell your supervisor and contact Meera IMMEDIATELY.

FINDING A SITE:

- A) Please see web site for ideas for possible organizations.
If you have trouble finding a site: B) Molly Simkins (mollysimkins@yahoo.com) will be available in the Psychology Department on Tuesdays and Thursdays (9-12) to help you find a site.
- C) Lectures and workshop topics and dates will be distributed throughout the semester.