

About the Editors

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Steven A. Meyers is Professor of Psychology at Roosevelt University in Chicago, Illinois, where he also directs the Initiative for Child and Family Studies. He received an A.B. degree in psychology from Brown University, and earned M.A. and Ph.D. degrees in clinical psychology from Michigan State University. He holds a diplomate in clinical psychology from the American Board of Professional Psychology and is a licensed clinical psychologist. His teaching has been recognized through his receipt of Michigan State University's Excellence-in-Teaching Citation, the McKeachie Early Career Teaching Award from the Society for the Teaching of Psychology, and the Excellence in Teaching Award given by Roosevelt University. His research interests include effective college instruction, faculty development, and parent/child relations.

Jeffrey R. Stowell earned his BS and MS from Brigham Young University and his PhD in Psychobiology from The Ohio State University. He also did one year of postdoctoral research with Dr. Janice Kiecolt-Glaser at OSU on marital stress and wound healing. He currently is an Associate Professor of Psychology at Eastern Illinois University in Charleston, IL where he teaches courses in biological psychology, learning, introductory psychology, and controversial topics in psychology. In 2006, he received the Early Career Award from the Society for the Teaching of Psychology. His research interests include teaching psychology and stress-health connections, particularly in the context of test-anxiety.