

## TOMPKINS CORTLAND COMMUNITY COLLEGE COURSE OUTLINE

#### PSYC 209 – ABNORMAL PSYCHOLOGY

Section: \_\_\_\_ Time: \_\_\_\_ Fall 2011 (Delayed Start)

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Phone: (607) 844-8222, ext. 4257 Office Hours: Dryden MWF-11:00am-12:00pm

Please utilize your TC3 MyMail account when contacting me via email.

I generally respond to emails within a 24-hour period (except some weekends when I am away and during scheduled holidays and breaks). If you do not receive a reply message within that time frame, please resend your message, as there must have been either A) a technical error in the retrieval process or B) I am trapped under something heavy and cannot get to a computer. Since in most cases, the answer will not be B, please resend it!

Also keep in mind that if you are sending me a message of an urgent nature regarding technical issues, please recheck your email or Angel account shortly thereafter about any instructions that I may provide to assist you. You may miss a window of opportunity for any resubmissions if you're not checking your TC3 email and/or Angel account (under myWEB COURSES) on a regular basis. Please get into the habit of checking both accounts for important messages that I may send throughout the semester.

This class is web-enhanced, which means that a large majority of your work will be submitted or done online. This will allow more time for us to review the material in class, lessens the impact of paper waste on the environment, and helps to prepare you for other courses in which technological skills are needed. The PowerPoint presentations used in this class (as well as other helpful information) can be found on my website (www.ambergilewski.com) and taking online quizzes and submitting papers must be done through the Angel system (found under myWEB COURSES from myTC3). Failure to utilize these online systems will result in a poor grade in the course. If you have any problems or hesitations about the technology involved, please contact me as soon as possible in the beginning of the semester or feel free to enroll in a more traditional course instead. I have found that many students enjoy the flexibility and convenience that the online enhancements have given them in this course.

#### I. COURSE DESCRIPTION:

This course helps students acquire a better understanding of the origins of maladaptive personal reactions to life and its problems. Diagnostic symptoms, etiology, treatment and prevention of each category of psychological disorders are emphasized.

- A. Prerequisite: PSYC 103 and prior completion or concurrent enrollment in ENGL 101.
- B. Semester Credit Hours: 3 Lecture
- C. Text: Durand, M.V. & Barlow, D. H. (2010). Essentials of Abnormal Psychology, (5th Edition). Belmont, California: Wadsworth Cengage Learning Inc. ISBN-10: 0495599832 or ISBN-13:9780495599838 (Paperback)
  The textbook is required. Do not try to take the course without securing your own

copy to use.

#### II. ENTRY SKILL EXPECTATIONS:

- A. Writing WC: College-level writing skills are required. See course prerequisites for details.
- B. Math M0: Very limited or no math skills are required.
- C. Reading R4: If required, the student must have successfully completed RDNG 116. The course requires reading beginning college-level materials and higher college-level materials that will also be covered in class.

#### III. GENERAL COURSE OBJECTIVES:

Activities Related to the	Assessment of the
Objectives	Objectives
, and the second	J.
Classroom discussions	Quizzes
Group work	Final Exam
Readings	Film Reviews
Videos	
Lecture	
Classroom discussions	Quizzes
Readings	Final Exam
Group work	Final Project
Videos	
Readings	Quizzes
Videos	Final Exam
Lecture	Final Project
Readings	Quizzes
Videos	Final Exam
Service Learning	Final Project (service
Group work	learning)
Classroom discussions	Film Reviews
Case studies	
Readings	Quizzes
Lecture	Final Exam
	Final Project (service
	learning)
	Classroom discussions Group work Readings Videos Lecture Classroom discussions Readings Group work Videos Readings Videos Lecture Readings Videos Lecture Readings Videos Lecture Readings Videos Service Learning Group work Classroom discussions Case studies Readings

6. Describe the process of	Readings	Quizzes
mental health assessment	Lecture	Final Exam
	Group work	Final Project (service
	Videos	learning)
	Service Learning	
7. Describe the etiology	Readings	Quizzes
associated with various	Lecture	Final Exam
disorders	Videos	
8. Illustrate the best	Readings	Quizzes
treatment methods for	Lecture	Final Exam
specific disorders	Videos	Film Reviews
	Case studies	Final Project
9. Analyze and evaluate a	Readings	Final Project
psychological disorder,	Lecture	Film Reviews
mental health issue, and/or	Videos	
or mental health setting	Case studies	

#### IV. REQUIREMENTS FOR SATISFACTORY COMPLETION OF COURSE:

- A. Attend and participate in class regularly. If you miss two or more consecutive classes, contact me. If I don't hear from you, I may administratively withdraw you.
- B. Pass all assessments, tests, and written assignments. See grading system and points below.

#### V. METHODS FOR EVALUATING STUDENT PERFORMANCE:

Quizzes. The guizzes will consist of multiple-choice questions and they will be Α. taken online through Angel. The first quiz is a syllabus quiz and contains 10 questions worth 10 points total (1 point each). There are no make-ups on this quiz. After that, there will be 8 chapter quizzes. Each chapter quiz will be approximately 25 questions; each question will be worth 1 point. You will have 35 minutes to take each quiz. Give yourself a quiet space, free from distractions to do this. You are expected to adhere to academic honesty including, but not limited to taking your own quiz independently without help from others. You may however use your notes and the textbook to assist yourself in the process. Remember though that if you are not already familiar with the material and have not studied, it will be difficult to pass the quizzes. Please contact me as soon as possible (via email or Angel preferably) if you experience any technical difficulties while trying to take your quizzes. Questions may come from lecture, your textbook, and other materials given by the instructor. To prepare for the quizzes, I will give you study guides of terms to be familiar with. There are no make-up chapter quizzes, but the lowest chapter quiz grade will be dropped. This would equate to 175 possible points counted toward your final grade. If you miss a chapter quiz for any reason, that zero would count as the lowest quiz grade dropped. Try not to miss any quizzes if possible!

В. **Cumulative final exam.** The final exam is mandatory and will be taken in class during finals week. Please bring a #2 pencil with you during the final exam. It will consist of multiple choice and/or essay questions. The exam is worth 100 points. Questions may come from lecture, your textbook, and other materials given by the instructor. To prepare for the final exam, I will give you a study guide of terms and/or sample essay questions to be familiar with. During the exam, however, you will not be permitted to use your textbooks, notes, or any other study aids. The final exam cannot be missed. Failure to take the final exam will severely impact your final grade.

If you know in advance that you must miss a quiz or the final exam, you may take the guiz or the final exam early provided that you give me 48 hours notice so that I can change dates in Angel (for quizzes) and that I am available to administer the final exam (either during my office hours or in another section that I'm offering where students are taking a test).

- C. **Final project.** Worth 100 points. This can be one of the following:
  - 1) A research paper exploring an in depth study of one subject covered in the
  - 2) 15 hours of volunteer work (aka "service learning") in an abnormal psychology/mental health setting

By Week 5, you must hand in a written statement of your final project via Angel under the appropriate topic for approval that will be worth 15 points. The first written statement should include the topic and thesis (i.e. what you believe and intend to prove) if you're doing a research paper OR the location, supervisor's name, and objectives (i.e. what will be your role and population observing/working with) in the form of a service learning agreement letter, if you are doing service learning (see pp. 13-15). By Week 11, I will need either a references page from you showing 5 or more references (if doing the research paper) or your five proposed journal entry topics (if doing service learning) submitted via Angel (15 points). Please include at least one sentence or more explaining what you will be covering in each journal entry. If you miss the deadline for the proposed main topic or the references/journal entry topics, please still submit them for approval/review, but you will not get the 15 points. Failure to submit the proposed main topic and/or references/journal entry topics early may result in a zero for the final paper. If you haven't secured a volunteer position by week 5, if that is your choice, start working on a research paper instead and submit information regarding that choice. The final project is a significant portion of your grade and is due the 13th week of classes. \*Papers turned in after the deadline will be dropped 2 points for each day it is

#### **Research Paper Guidelines**

- 1. You may select topics relevant to the course objectives outlined in this syllabus and/or the textbook chapters and your paper must relate to one or more DSM diagnoses. Please be very specific in your topic (i.e. "suicide rates in depressed adults" vs. "depression"). If a student changes his/her topic without informing me and getting permission ahead of time, the final grade may result in a zero. This is to prevent students from plagiarizing and/or using previous works from other classes or students. If you decide to change your topic at any point, you must notify me in writing on Angel to secure permission.
- 2. All research papers will be 6 to 8 pages in length if conducted by an individual student and 9-11 pages if submitted as a group project.
- 3. All research papers will be submitted with a title page that will include: Student name(s), class, subsection, semester, year, and topic title centered on the page.
- 4. Papers are to be typed, double spaced with normal fonts (12 pts and 1 inch margins).
- 5. All papers must include a reference and title page: these will not count as part of the 6-8 (or 9-11) required pages.
- 6. All papers will have a <u>minimum</u> of 5 references (at least 3 or more of these must be *scholarly journal articles*). Students may also use textbooks, interviews, lecture notes, magazine articles, and so forth as references. Be sure that any ideas and/or material (written or oral) created by another person are cited as a reference.
- 7. You will be graded based on the following areas:

Content = 60 points (6-8 pages individual/9-11 pages group)

Organization = 10 points

Spelling/grammar = 10 points

Research/documentation/APA citation = 15 points (min. 5 references with 3 scholarly journals)

Title page = 5 points

Total = 100 Points

- 8. Use APA (American Psychological Association) format/citations to do this paper, as this is a psychology course and you will need to know how to do this format if going on to other psychology classes (or some other social science courses).
- 9. Papers will only be accepted electronically via Angel. No hard copies, disks, emailed copies, etc. will be accepted.
- 10. Any paper found guilty of plagiarism will receive a ZERO. Plagiarism includes copying or paraphrasing another's words, ideas, or facts without crediting the source; submitting a paper written by someone else, either in whole or in part, as one's own work; or submitting work previously submitted for another course or instructor. For this paper, plagiarism occurs when the author's direct words are used without proper citation and quotes. If you are going to paraphrase or quote the author, make sure you do so using APA citation. The rest of the paper should include a description of the researchers work in your own words and not verbatim. It's better to over cite than to under cite, as you will be obtaining information that is generally not your own original thoughts. If the majority of your paper does not contain in-text citation (especially if you chose to write the research paper), it will most likely constitute plagiarism. Also remember to use your own words and paraphrasing as much as you can, as too many direct quotes is not encouraged either.

- 11. Students electing to do a group class project will secure permission from the instructor.
- 12. Remember, the research paper is a vital part of this course and constitutes a major portion of the semester grade. It is advised that students carefully schedule their time to permit for research, thinking, draft writing, rewriting, and final preparation of their finished product. Students should expect to spend at least a minimum of 30 hours on the research paper.

#### **Service Learning Project**

Service learning means involvement in the communities directly related to and impacted by college courses. You are required to locate and make arrangements to volunteer in an organization related to an area of abnormal psychology that you are interested in (a paid job that you currently hold is <u>not</u> acceptable). The instructor is available to assist in finding an acceptable location, but it is ultimately your responsibility to research and secure a volunteer position. A minimum of 15 hours is to be contributed throughout the semester. If you are doing service learning in conjunction for another course at the same site, you must complete 20 hours of service learning. Please be aware of HIPAA and confidentiality issues and refrain from using names of those being treated in your settings in class or throughout your paper.

Your service learning paper should include the following (9-11 pages total):

*Title Page* - Your name, course number, instructor, date and a title to your paper should be at the beginning of your paper. (5 pts.)

Expectation Page - Prior to beginning your service learning experience, you will need to complete a page where you state the location of your service learning including the population you will be working with, and what your hopes, anxieties, expectations, etc. are about the experience. This should be attached to your service learning agreement and put in the final paper. (10 pts.)

Journal Entries - You will complete 5 journal entries in the body of the paper. Each journal entry will focus on a different area of abnormal psychology or a different theory and should include a description of your experiences and an application of how course materials apply to what has occurred during your visits. Theories could relate to behavioral, biological, social, psychoanalytical, humanistic, etc. Areas of abnormal psychology that could be addressed in each entry could relate to a specific psychological disorder, assessment methods, treatment of the mentally ill, a specific patient/client, etc. Each entry should clearly identify what theory or area of abnormal psychology you are focusing on. There should be approximately 5-7 pages of journal entries. (50 pts.) Reflection Page - At the completion of your experience, complete a page that addresses how accurate your expectations were and how the experience turned out. (10 pts.) Letter from Supervisor - A letter signed from your supervisor describing your service and listing your hours should be attached to your paper. Although this is only worth 5 points, your paper will not be graded without a signed letter on organizational letterhead. This portion may not be able to be added electronically if you cannot scan it, so please feel free to hand it into me directly in class, on or before the due date. (5 pts.)

Writing Quality – spelling/grammar, organization, correct APA citation (if necessary) (20 pts.)

Total = 100 Points

A 'C' paper must include all of the information describe above and follow the basic standards for English Composition - 1) It must be well organized 2) It must have well developed

paragraphs 3) It must be competent in style. An 'A' or 'B' paper must satisfy all of the above requirements in addition to being original in thought and content, effectively integrating course materials, and creating interest and enthusiasm in the reader.

<u>Potential options for Service Learning may include, but are not limited to:</u>

1) Mental Health Association in Tompkins County – Ithaca

Contact: David Bulkley, Director of Adult Services (607) 273-9250

2) Cortland County Mental Health - Cortland

Contact: Garra Lloyd Lester, Director of Prevention Services (607) 758-6110 ext. 256

3) **Challenge** – Ithaca

Contact: Ellice Switzer, Life Options Coordinator (607) 272-8990

4) Lakeview MHS, Inc. – Ithaca

Contact: Bill Niver, Program Manager/Markham House (607) 277-0385

5) YWCA of Cortland, Aid to Victims of Violence – Cortland

Contact: Linda Shutts, Associate Director (607) 753-3639

\*If you contact any of these places, please ask for the contact person listed and tell them you are in my Abnormal Psychology class at TC3. These agencies have worked with our students before and are willing to accept future TC3 student volunteers.

D. **Film Assignments.** We will watch two films in class or online relating to mental illnesses. You will be expected to be present for these films and to answer a series of questions related to the films. Each review will be worth 30 points for a total of 60 points and must be submitted electronically through Angel for a grade.

You must submit your own independent paper for each of these films on the dates indicated. We will watch these films in class or in the case of "The Bridge," it most likely we need to be watched at your leisure on online at Hulu (www.hulu.com) for free. It is strongly recommended that you do not skip watching the films in class or online. In the event that you do miss all or part of the movie, it is your personal responsibility to watch it in time on your own to answer these questions and submit them. The films being shown may contain upsetting or controversial topics. If you feel you cannot view either of these films due to their nature, you can choose not to, but must complete an alternate assignment to be discussed with the instructor. See the instructor immediately if this may be the case for you. While you may not agree or like some of the content in the films, you still must answer each question thoroughly for full credit. These are not film critic assignments, but rather ways of incorporating what you've learned about mental health issues to what is depicted in the films. Each film assignment is worth 30 points. No title page is needed, but please include your name, date, and course and section number as the heading on the first page. No late papers will be accepted for the film assignment.

**Film #1: "The Bridge"** (2006 Documentary; Director Eric Steel; 94 minutes). The Bridge focuses on the large number of suicides that occur each year at the Golden Gate Bridge, capturing footage of the suicides and interviewing family members. Also interviewed are people who have attempted suicide at the bridge, witnesses of the suicides and a jump survivor. The questions below are derived from this film. *Please answer all of these questions* thoroughly after reviewing the movie in class and submit it a 2-3 page paper on ANGEL before midnight on 11/3.

- 1. Why do you think people are drawn to the Golden Gate Bridge to take their lives?
- 2. What did you learn about suicide and/or those who attempt or commit suicide after viewing this documentary? What preventative measures could be taken to help those who are suicidal?
- 3. The film follows stories of many individuals. Which story impacted you the most and why?
- 4. What message does the film have for those who may want to commit suicide? Their friends or family members? Mental health professionals? Society at-large?

**Film #2: "Girl, Interrupted"** (1999 Drama; Winona Ryder, Angelina Jolie; 2 hrs, 7 min). Based on Susanna Kaysen's best-selling memoir about her hospitalization during the 1960s. The questions below are derived from this film. *Please answer all of these questions* thoroughly after reviewing the movie in class and submit it a 2-3 page paper on ANGEL before midnight on 12/8.

- 1. Do you think that it's useful to classify lifelong personality characteristics as psychological disorders? Why or why not?
- 2. Do you think that Susanna Kaysen (Winona Ryder) appeared to have Borderline Personality Disorder? Why or why not? Do you think that Lisa Rowe (Angelina Jolie) appeared to have Antisocial Personality Disorder? Why or why not?
- 3. Using scenes from this film, discuss the lines that separate normality from deviance, treatment from control, and friendship from betrayal.
- 4. Choose one character from this film and explain how you would work with her if you were her therapist.

F. Extra Credit. Extra credit can be earned be attending one or more activities hosted by the college or by other assignments, as deemed fit by me, which relate to the psychological concepts or theories of this course. *I will inform the class about which activities will count as extra credit opportunities*. These opportunities will generally be announced in class and/or posted on Angel. A one-page typed summary for each activity must be submitted electronically in Angel to receive 5 points. Be sure to include how it relates to the course. Extra credit points are for students in good standing (i.e. attending class regularly and have completed assignments). Additionally extra credit cannot change a failing grade to a passing grade. Please do not approach me at the end of the semester or after the semester asking to do *additional* extra credit to improve a poor grade. Do all the extra credit as it is assigned to avoid this mishap.

\*\*Extra credit assignments MUST be submitted within 1 week of attending the college sponsored activity, and no later than the first day of the final exams week. A maximum of 15 points extra credit can be earned.\*\*

You must submit all written assignments by the due date on Angel (unless otherwise specified). Please submit each written assignment as an .rtf or word document file (i.e. .doc or .docx). If you use word processing or .wps documents, I cannot open your file. No hard copies or disks will be accepted.

Additionally, while there may be no specific points assigned for participation in this course, positive classroom participation is expected and strongly encouraged.

### **Tentative Quiz & Project Deadlines**

Assignment	Week	<b>Due Dates</b>	<b>Points</b>
Syllabus Quiz	Week 1	9/9	/10
		Friday	
Quiz 1: Ch. 1 & 2	Week 3	9/21-9/25	/25
		WedSun.	
Quiz 2: Ch. 3	Week 4	9/28-10/2	/25
		WedSun.	
Proposed	Week 5	10/6	/15
topic/setting		Thursday	
Quiz 3: Ch. 4	Week 6	10/12-10/16	/25
		WedSun.	
Quiz 4: Ch. 5	Week 8	10/26-10/30	/25
		WedSun.	
Film #1 Review	Week 9	11/3	/30
		Thursday	
Quiz 5: Ch. 6	Week 10	11/9-11/13	/25
		WedSun.	
References/journal	Week 11	11/17	/15
entry topics		Thursday	
Quiz 6: Ch. 12	Week 11	11/16-11/20	/25
		WedSun.	
Final Project	Week 13	12/1	/100
· ·		Thursday	
Quiz 7: Ch. 11	Week 13	11/30-12/4	/25
		WedSun.	
Film #2 Review	Week 14	12/8	/30
		Thursday	
Quiz 8: Ch. 8	Week 14	12/7-12/11	/25
		WedSun.	
Extra Credit	Week 14	12/11	/15
(optional)		Sunday	
Final Exam	Finals Week	TBA	/100

Total for all grades (excluding extra credit) \_\_\_\_\_\_/475=\_\_\_\_\_(Final Grade)

#### Final grades will be based on the following equivalents:

GRADE	POINTS	PERCENTAGES
A	427-475	90-100
<b>B</b> +	413-426	87-89
В	380-412	80-86
C+	365-379	77-79
C	332-364	70-76
D	285-331	60-69
F	0-284	0-59

#### TENTATIVE LECTURE SCHEDULE

(subject to change due to time constraints/ inclement weather/ lecture planning issues)

WEEK CHAPTER TOPIC DATES

Week 1: Introduction to class & syllabus review (9/6-9/9)

Chapter 1 – Abnormal Behavior in Historical Context	
Syllabus Quiz Due	
Week 2: Chapter 2 – An Integrative Approach to Psychopathol	logy (9/12-9/16)
Week 3: Chapter 3 – Clinical Assessment and Diagnosis	(9/19-9/23)
Quiz 1 Due	
Week 4: Chapter 4 – Anxiety Disorders	(9/26-9/30)
Quiz 2 Due	
Week 5: Chapter 5 – Somatoform and Dissociative Disorders	(10/3-10/6)
Proposed topic/setting Due	
FALL BREAK – NO CLASSES	(10/7-10/11)
Week 6: Chapter 6 – Mood Disorders and Suicide	(10/12-10/14)
Quiz 3 Due	
Week 7: Chapter 6 – Mood Disorders and Suicide	(10/17-10/21)
Week 8: Film #1: "The Bridge"	(10/24-10/28)
Quiz 4 Due	
I will be away at a conference this week. Watch the film for	r free on <u>www.hulu.com</u> if we
don't have time to watch it in class.	
Week 9: Chapter 12 – Schizophrenia and Other Psychotic Disc	orders (10/31-11/4)
Film #1 Review Due	
Week 10: Chapter 11 – Personality Disorders	(11/7-11/11)
Quiz 5 Due	
REGISTRATION DAY – NO DAY CLASSES	(11/10)
Week 11: Chapter 11 – Personality Disorders	(11/14-11/18)
Quiz 6 & References/Journal Entry Topics Due	

Final Exam Week (12/12-12/16)

#### VI. INSTRUCTIONAL FORMAT:

Week 14: Film #2: "Girl, Interrupted"

Week 12: Chapter 8 – Eating and Sleep Disorders

Week 13: Chapter 8 – Eating and Sleep Disorders

Quiz 8 & Film #2 Review Due

Film #2: "Girl, Interrupted" Quiz 7 & Final Project Due

THANKSGIVING BREAK - NO CLASSES

The class format will consist of a variety of methods, which may include but are not limited to the following: lecture, PowerPoint presentations, classroom discussions, activities, educational videos, movies, and other audio-visual aides. Relevant classroom participation is encouraged. PowerPoint slides can be found on my website at www.ambergilewski.com.

(11/22)

(11/23-11/26)

(11/28-12/2)

(12/5-12/9)

#### VII. ACCOMMODATION POLICY:

It is the College's policy to provide, on an individual basis, reasonable accommodations to students with disabilities that may affect their ability to fully participate in program or course activities, or to meet course requirements. Students with disabilities should contact Carolyn Boone, Coordinator of Access and Equity Services at (607) 844-8222 (ext. 4283) or boonec@tc3.edu to discuss their particular need for accommodations. *If you do have an accommodation, it is your responsibility to make sure to give me the appropriate paperwork at* 

the beginning of the semester or as soon as possible thereafter obtaining the paperwork so that I can make the appropriate adjustments for you.

#### VII. COURSE POLICIES:

- A. Please remember that your grade in this class is <u>earned</u> by you, not given by the instructor. You have many opportunities to learn the material and demonstrate what you have learned. I will do whatever I can to help you learn and aid you in this process. You also have the opportunity for extra credit as well to help your final grade.
- B. This course has a rigorous schedule and high expectations. You are expected to adhere to these guidelines and to put your best effort forward. If you are unable to do so and find the structure of the course does not fit your learning style or needs, than it is your responsibility to either get help to aid in your learning, find another course that better suits your needs, or to withdraw from the course in a timely manner.
- C. Academic Code of Conduct & Misconduct Policy. You know what that is. It's cheating. No form of it will be tolerated. Any suspected incidents of academic misconduct such as cheating on tests or plagiarism will be reported and sanctioned (punished) appropriately. To avoid a problem, keep your answer sheets covered and your eyes on your own desk during the final exam. For written assignments each student is expected to present his or her own work, and give credit where credit is due by using appropriate APA referencing and citations. You are also expected to do all of your own work in the online assignments for this class as well. For a more detailed description of the student code of conduct, potential sanctions for violating this code, and the appeal process, please refer to the College Catalog.
- D. School closing In the event that school is <u>officially</u> closed or class is cancelled for any reason, be prepared to make-up all missed work. If school is closed during the final exam day, be prepared to take the exam <u>at the next regularly scheduled class meeting</u>. Online quizzes were designed so that students can take their quizzes at any time, from anywhere given the assigned date deadlines.
- E. Please come to class on time. Students who enter late are distracting to the learning environment. If you miss class you are still responsible for any work covered in class, assigned, or due. Find someone now who can give you missed notes and assignments if need be.
- F. Out of respect for the classroom environment as well as to your fellow classmates, cell phone use will not be tolerated in class. Please turn off your cell phones or put them in silent/vibrate mode while in the classroom. Please refrain from text-messaging as well, as it is distracting and disrespectful. If you are expecting a call or have a pressing issue to attend to, please let me know prior to class and quietly leave the room as needed.
- G. As your instructor, I am here to help your learning of psychology be an enjoyable and rewarding experience. Be aware though, while I am here to assist you in any way possible in the learning process, there are boundaries to our relationship. Dual relationships are discouraged in the

- field of psychology and can present a conflict of interest. Therefore, I cannot serve as your therapist or "best friend." Please see me if you have any questions regarding this.
- H. Classroom Civility: Psychology in general, and the study of behavior and mental processes, often deals with sensitive and controversial topics. "While learning in this class we will be exposed to ideas with which we disagree and which we may very well find offensive. It is essential that behavior remains courteous, reasoned, and civil at all times. Tolerance and the exchange of ideas are an essential part of academic life." (Source: Course Outline for SOC 206, fall 2003, N. Carolina State with Dr. Robert Stone.)
- I. If you are a Social Science major you need a minimum grade of C in this course in order to take the required Capstone course in your last semester.
- J. In the event of an extended school closing e.g., flu pandemic, all students must: 1) continue to follow the reading assignment schedule and 2) regularly check their TC3 e-mail and/or Angel for messages from me. By doing this we can continue to make progress in the course. Since most of the work in this class will be done or submitted on Angel, you should be able to keep up with the class during any emergencies that prevent us from being together on campus.

#### ACCESS INSTRUCTIONS FOR ANGEL FOR WEB-ENHANCED/ONLINE

<u>COURSES:</u> In order for students to access their online course content (on Angel) they <u>MUST</u> <u>FIRST</u> sign on to their myTC3 account.

#### If a student knows their myTC3 ID.

- 1. They should go to <a href="http://portal.tc3.edu">http://portal.tc3.edu</a>.
- 2. Click on the big "Sign in" button and enter their credentials
- 3. Click on the myWeb Courses tab

#### If a student does NOT know their myTC3 ID.

- 1. If they are a new student they should contact Technology Learning and Support Services
  - a. 607-844-8211, x4550
  - b. TechSupport@tc3.edu
  - c. Room 258
  - d. Hours: 8:00 to 5:00 (evening hours will be established once student workers have been hired.)
- 2. If they are a returning student:
  - a. Go to <a href="http://portal.tc3.edu">http://portal.tc3.edu</a>
  - b. Click on the *myInfo* tab
  - c. Sign in using their *myInfo* ID and password from last year.
  - i. If they do not know their ID: contact Technology Learning and Support Services
  - ii. If they do not know their password click on the password assistance links

- d. Once signed in, click on the "*myTC3* account" link (near the bottom of the column on the left side of the page.)
- e. Print the page containing their *myTC3* ID, initial password and instructions for signing in to their *myTC3* account.

# TOMPKINS CORTLAND COMMUNITY COLLEGE SERVICE LEARNING STUDENT AND AGENCY AGREEMENT for

#### AMBER GILEWSKI'S PSYC 209 ABNORMAL PSYCHOLOGY COURSE

Purpose of Agreement: It is important for you to have a clear sense of what you would like to accomplish and learn through your service work. This agreement is designed to bring you and your site supervisor together to record clear service and learning goals. Your supervisor may expect you to fill out additional forms that his/her respective agency requires. (**Due 10/6/11**)

requires. ( <b>Due 10/6/11</b> )
Student Information Student Name
Student Name
Course
Agency Information Agency Name
Agency Name
Agency Mailing Address
Name of Supervisor or Volunteer Coordinator
Starting Date of Service
Ending Date of Service (if undetermined, write "unknown" otherwise ending date will be near end of term)

To be completed by agency supervisor: Please describe the expectations and requirements of this service project.
Identify skills students may learn and need to use to complete service project.
To be completed by student:  Identify the skills you believe you can bring to this agency.
Briefly describe what you hope to gain and learn from participating in this service project.

#### **Student Agreement**

As a student at Tompkins Cortland Community College, I agree to complete my service project to the best of my ability, work in collaboration with the agency supervisor, report any problems I encounter, and complete all other program requirements. In addition, I understand the seriousness of confidentiality in this matter and will report all information for this project in a depersonalized fashion.

Student Date

#### **Agency Supervisor Agreement**

As the agency supervisor for this service learning placement, I agree to work with this student from Tompkins Cortland Community College, while providing supervision and communicating evaluation of the student's service work to Amber Gilewski, Instructor of Psychology at TC3.

Agency Supervisor Date